



The Arizona Quilting Bee

Piecing the Past, Present & Future to create our AΔK Legacy



RETURN TO NORMAL/SCHOOL BY: NANCY MARTINEZ, STATE PRESIDENT aka QUEEN BEE

Sisters, I do hope that you all have had a great summer and are getting ready for cooler temperatures and maybe some more of the wonderful rain we have had the past few weeks.

Our set of active teachers returning to normal/school this year includes me! I have come out of retirement for the second time to teach 8th grade Resource at my old school, Prescott Mile High Middle School. Not only did I teach 6th grade there 1992-1997, but I also attended as a freshman in 1967.

I am excited and look forward to being with students and the teachers that I watched doing amazing things. I am proud of all of our active teachers in Arizona, and proud to call myself a TEACHER!

With the start of a new year, your AZ AΔK State Board has plans that include in-person meetings, Founders' Day and the AZ AΔK State Convention to be held in my hometown of Prescott in April. The Board will also be doing hybrid meetings so that all of our sisters can attend. We are all excited to be able to meet with our sisters again and look forward to an exciting nine months before I hand the gavel over to our current President-Elect Kristi Koziol.

My plans and hopes are to attend chapter meetings during the year. Some chapters will still be doing hybrid meetings so I can join you by Zoom. Just let me know when you meet, and I will see what we can do.

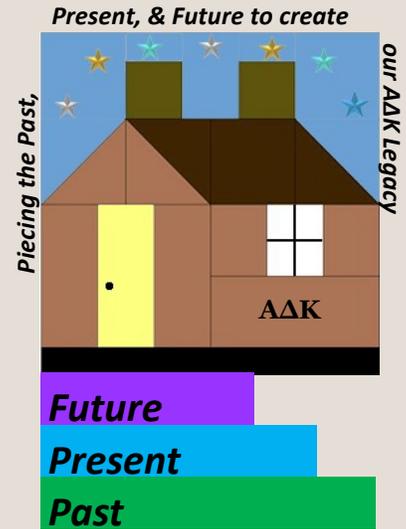
Sisters, what does your return to normal look like? It might be you are now able to travel to see family, friends or just the world. Maybe that cruise down the Rhine in Germany is back on or that trip to New York at Christmas time. Whatever your new normal is, remember to take care of yourself. Even in retirement, we tend to get involved in things that we love like volunteering at schools, tutoring students, volunteering in the community, but we also need to remember that we need some downtime.

As for chapters who are looking for new members, what about that retired teacher from your old school or a retired teacher from your district? Invite them to a chapter meeting and introduce them to Alpha Delta Kappa. Active teachers, take a look at the wonderful and amazing teachers in your building. Maybe make a bag of chocolates with one of the brochures from International or one that you make about Alpha Delta Kappa. Invite them to your first meeting and have your chapter sisters meet and encourage them. Most of all sisters, let's continue to ENCOURAGE, SUPPORT AND PRAY for our active sisters. They have a large task in front of them this year. Our International President Mollie Acosta's theme and logo states it all.

Share the LOVE
Celebrate who we are
Each one, Reach one!

Have a wonderful Fall. See you in October.

See article by President-Elect Kristi Koziol on Mollie and read more about her theme and logo.



INSIDE THIS ISSUE

President's Message	1
International President	2
Logo and Theme	2
International President-Elect.....	3
IVP for Southwest.....	3
CCP Annual Meeting	4
Founder's Day Celebrations	4
Membership News.....	5
Collegiate Club Update.....	5
Scholarship News	6
Woman of Distinction	6
Leaders Needed 2022-24	7
World Understanding.....	8 & 9
Theta Celebrates 60	10
103rd Birthday in Yuma	11
News from Psi Chapter.....	11
Snippets from Convention.....	12-14
Letter from Susan Pelchat	15
Arizona State Convention.....	15
Honoris Causa Form	16
Dates to Remember	17
Chapter Birthdays	17
Caring Thoughts	17
Highlighted Quilt	8

SPECIAL POINTS OF INTEREST

- Virtual Convention Snippets
- Scholarship Winner
- Theta Celebrates 60
- Leaders Needed 2022-24
- Chapter Activities
- Founders' Day Celebrations

MOLLIE ACOSTA, INTERNATIONAL ALPHA DELTA KAPPA PRESIDENT 2021-23

Mollie was born and raised in Phoenix. She graduated from the University of Arizona and taught school in Eloy before her move to California.

Mollie has been a 34 year member of Alpha Delta Kappa. She served as International President-Elect 2019-2021, International Vice President Southwest 2017-2019 and California State President 2012-2014.

Judy Ganzert, International President 2019-21, presented the International President badge during the virtual Installation of Officers on Friday, July 16, 2021. The badge is larger with seven emeralds to represent the stones of love and rebirth. Mollie will be an

ambassador of Alpha Delta Kappa International. A gavel was also offered, representing the leadership of AΔK.

Mollie is passionate about Alpha Delta Kappa as she 'wears her heart on her sleeve' and shows her tears of love for this organization. She feels that AΔK makes significant contributions to the world while members give hearts of love to our students, communities and each other.



Our International President believes that **LOVE** of one another is what binds us as sisters. She considers we are more than just an organization and asks: Each One, Reach One to share the joy and pride of AΔK, share the love of support and the gift that this organization offers.

Mollie Acosta, International President Theme and Logo

retold by Kristi Koziol

- ◆ The center heart represents the LOVE we have for one another.
- ◆ The four STARS are the founders of Alpha Delta Kappa who had a love for the vision to honor outstanding educators by chartering chapters.
- ◆ The seven small HEARTS represent the seven regions with each their own strengths and unique attributes.
- ◆ The BRIGHT LIGHT is for educators who are united in support for one another.



As members of AΔK

WE are the source of love and support.

WE value our differences and recognize them to make us stronger.

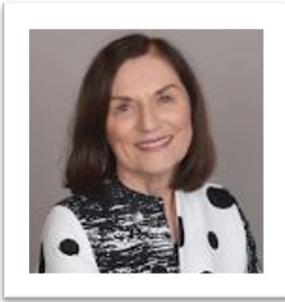
WE empower one another.

Share the LOVE'

Celebrate who we are

Each one, Reach one!





ANN MARIE BROWN
INTERNATIONAL PRESIDENT-ELECT
2021-23

Ann Marie Brown is serving as the International President-Elect this biennium. Previous Alpha Delta Kappa International offices include Four-Year International Executive Board Member 2017-2021, Executive Board Chairman (PEBC) 2017-2019 ; International Vice-President of the Southwest Region, 2015-2017; and IEB Two-Year Member, 2013-2015.

Having earned a BS and MS in family and consumer sciences from State University of New York, Plattsburgh, most of Ann Marie's 32 years of teaching were at the middle school level in Malone, NY. In 1991, she was offered membership in the New York Alpha Delta Chapter, where she served as chaplain, president-elect and chapter president 1996-1998. As chapter president, she attended her

first Northeast Regional Conference in Providence, RI, in 1996. Then, the following summer, she attended the 50th Anniversary, 1997 International Convention in Kansas City, MO, her first international convention. Ann Marie has attended regional conferences or an International Convention every year since those initial events.

After that first regional conference and International convention, Ann Marie was soon active at the New York State Alpha Delta Kappa level; she was first a historian. She gained a great foundation about the organization at the state and international levels through that service. She served as NY State President from 2002 to 2004. She was first appointed to the International Bylaws Committee in

2009 and then was International Bylaws Chairman attending the 2013 International Convention in Washington, DC.

Ann Marie and her husband, Wayne (a high school mathematics teacher), retired to Chandler, AZ in August 2004. Ann Marie transferred membership to Arizona Mu Chapter. She became the AZ State bylaws chairman and then served as AZ State treasurer from 2010 until 2013 when she was elected as a IEB Two-Year Member. Wayne and Ann Marie have two sons. Spencer's family is in Broomfield, CO, and Stuart's family is in Midlothian, VA. All seven grandchildren were born since 2008, two boys and five girls. A postponed Disney cruise with both families will occur when cruising safely resumes.

DIANE BEST
INTERNATIONAL VICE PRESIDENT, SOUTHWEST REGION
2021-23

The Southwest Region congratulates and welcomes our new International Vice President, Diane Best. Diane is a native of Wyoming where she graduated from the University of Wyoming in Elementary Education. She received her Master's Degree from Lesley College, Cambridge, Massachusetts. Presently, Diane lives in Reno, Nevada, where she joined AΔK. She is a member

of Nevada Beta and was Nevada State President in 2016-2018. Diane learned her leadership skills as a Mary Kay Consultant. She plays the piano for a youth organization and is Past Grand Organist for the Order of Eastern Star. Diane loves traveling and meeting new people. Wait till you meet her! She's vivacious!



COUNCIL OF CHAPTER PRESIDENTS ANNUAL MEETING
SEPTEMBER 18, 2021, 9:00am (MST)
 Hosted by Princess Robin, AZ State PCCP

Hello, AZ Chapter Presidents! I am most excited to inform you that we will hold a hybrid Council of Chapter Presidents (CCP) meeting on **Saturday September 18 from 9:00am – 11:00am**. All Chapter Presidents need to attend either in-person or over Zoom. If you cannot do either (I know some of you are traveling to see family or to attend your high school reunion!) please make sure your President-Elect or your Immediate Past President attends as your proxy. Secretaries and Treasurers are encouraged to come, too. All members are welcome to join us. The primary purpose of the CCP meeting is to allow your state officers and committee chairs to deliver vital information so you can

inform your chapter members. We will share with you upcoming deadlines, news from the International Convention and previews for the State Convention as well as our Regional Conference in Hawaii. We will include topics of interest, announce awards and recognitions and, in general, have some fun.



Our in-person location is
 First Presbyterian Church
 702 E Cottonwood Lane
 Casa Grande, AZ 85122.

The Zoom link will be emailed to you by Thursday, September 16.

Registration forms have been emailed to Chapter Presidents. Please share the form with your chapter members, especially your President-Elect, Secretaries and Treasurer. If you have any questions, please ask me, Robin Leebardt, President of the Council of Chapter Presidents aka Princess Robin.

Email: leebarde@cox.net or
robin.leebarde@tusd1.org

Cell: 520-258-8488



Central District “No Frills” Founders’ Day
Saturday, October 9, 2021

Heritage Elementary School
 6805 N 125th Ave (125th Ave & Glendale Ave)
 9:30am – 10:30am SALES AND SOCIAL HOUR
 10:30am - 1:00pm BRUNCH AND PROGRAM

Box Lunch Choices

- Cobb Salad with Bakery Roll
- Chicken Salad Sandwich with potato salad and pickle spear
- Turkey Wrap (turkey and cheddar) with potato salad and pickle spear
- Strawberry Salad with Chicken (lemon Dijon vinaigrette) with Bakery Roll
- Croissant Club Sandwich (turkey, ham, bacon and cheddar) (chipotle mayo) with potato salad and pickle spear

COST \$20.00 PER PERSON

Registration forms are available from your chapter president. Questions may be sent to Sue McConnell, sharonsuemc@cox.net or Alice Brinton, 480-654-1231

Arizona Alpha Delta Kappa
District Founders’ Day
Celebrations

Northern	October 2
Central	October 9
Colorado River District	October 16
Southern	October 23



MEMBERSHIP NEWS FOR SUMMER 2021

Betty Ehret, Arizona AΔK State Membership Consultant

The 2021 Virtual International Convention began on July 5 with a fast-paced seminar, *Sailing into Membership* for the Southwest 3Ps from each state. The main focus for chapter growth included: Recruitment, Retention and Revitalization. Jeanie Hinck led the seminar as regional membership consultant and featured International President Judy Ganzert, International President-Elect Mollie Acosta and International Vice President for Membership Betty Jo Evers.



Arizona Membership Award Winner Sandra (Sandy) McAlpin, AZ Gamma

Arizona proudly named Sandra (Sandy) McAlpin, AZ Gamma, for the Arizona Membership Service Award. Sandy was key in the revitalization of Arizona Gamma, who had thoughts of disbanding. She led the way for the virtual meetings in her chapter during the pandemic. Sandy brought back “FUN” into Gamma Chapter meetings by creating her own Jeopardy game featuring Gamma Chapter. She is always looking for ways to “pump” up the members and meetings. Sandy also volunteered to be on the State Membership Team, assisting the State Membership Consultant for chapters in the Central District.

The Zoom seminar used breakout groups to brainstorm ideas, for increasing membership, retaining members and bringing FUN into chapter meetings. This enabled sisters from around the Southwest to share local ideas.

The focus included finding educators who would benefit as members, making personal contacts, inviting prospective members to events, missing in attendance (M.I.A.), building effective programs, and SOS Scenario (ways to troubleshoot the struggling chapter).

One participant stated the best takeaway she received was the idea of planning an entire meeting around one focus: from the thought for the day to the theme, the program idea and speaker, the refreshments, ways and means, altruism and membership. Membership teams now have new ways to chart the course toward membership growth and state leadership. **Happy Sailing!**

FYI – Chapters using the AZ AΔK Zoom licenses for Hybrid, Board meetings, etc – remember the account will be deactivated on Thursday, March 24, 2022.



AZ AΔK COLLEGIATE CLUB UPDATE

By Betty Ehret, State Membership Consultant

The AZ AΔKCC committee spent hours this summer planning for an AZ Alpha Delta Collegiate Club at Grand Canyon University creating the following:

- A PowerPoint Presentation for faculty or students to spark interest
- Flyers to post around campus
- Prospective sign-up sheet for a Fall Booth
- Tri-fold(s) created to display at Fall Booth
- Request letter to businesses, etc. requesting donations

Please contact Betty Ehret, email: bettyanne.ehret@gmail.com; cell: 623-374-4380, if you find any possible benefactors as we work to establish a Collegiate Club in the Phoenix area.





SCHOLARSHIP NEWS

GLORIA SUAREZ, ARIZONA STATE SCHOLARSHIP CHAIR

It is with great pleasure that the scholarship committee announces the selection of the Arizona Alpha Delta Kappa 2021-2022 University of Arizona/Pima Community College Collegiate Club Scholarship recipient, Taylor Marie Hall!



Congratulations to Taylor Marie Hall, our first Collegiate Club recipient! We wish you all the best in your future endeavors and successes!

The committee was very impressed with her application. Taylor will be completing her Bilingual Elementary Education degree in May of 2022. Her current GPA is 3.844. Taylor comes highly recommended as “an exceptional student, who is thoughtful, caring and responsible. Her passion for

working with youth is evident each and every day. She is fully committed to ensuring that children have the best learning environment possible.”

Taylor has overcome several obstacles in her life, among them a health challenge with spinal surgery at the age of 16 years. She went on a service mission three years later to Southern Peru, where she lived for 18 months, learning Spanish and volunteering at several local schools. This is where she developed her passion for teaching children. She stated she “chooses to have my experiences define me and not my conditions.” Her wish is to have a “classroom based on inquiry-based and movement-based education.”

Taylor was also the recipient of a \$1,000 Future Educators Award from International.

The Arizona State University Mary Lou Fulton Teachers College winner will be highlighted in the next issue.

Reminder: The Arizona State Mini-Scholarship application is due October 15, 2021. Chapter presidents will be receiving more information and applications at the State Presidents meeting in September and applications will be available on the Arizona Website on the International Website. The scholarship amount is \$250. Please contact Chairman Gloria Suarez, if you have any questions at adkgloria@cox.net or 520-795-5425.

Thank you to State Scholarship Committee Members: Carol Strickland, Jan Walker, Phyllis Dirksen and Yolanda Gonzalez.

WOMAN OF DISTINCTION TO BE CHOSEN!

IT'S EASY AS:



- 1** 2022 Woman of Distinction nomination may be submitted by each Arizona chapter. From Az State Policies & Procedures it is noted that a nominee should be a woman who practices volunteerism, inspires teamwork, is inspirational and is selfless and trustworthy.
- 2** Nominees must hold strong beliefs, values, ethics, character; and knowledge and skills are essential. She may not be under contract to a school system or be a professional educator and may not be an active member of AAK.
- 3** Volunteer committee members from across Arizona’s districts are needed to evaluate nominations and select three finalists. By vote at the April 8-10, 2022 Az State Convention, attendees will choose the 2022 Woman of Distinction from the three finalists. The 2022 Woman of Distinction will be presented with a letter and a plaque. Please contact Woman of Distinction Chair Ellen Reeves, ellenreeves@q.com, to join the committee.

Chapter Presidents are asked to share this opportunity to honor a qualified candidate with their members, identify a woman who fits the criteria and submit a nomination. Chapter Presidents have been sent the information and forms for submitting a chapter’s nomination by December 1, 2021. By February 15, 2022 the Woman of Distinction committee will have met to select the three finalists and chapters will be notified if their nominee is a finalist. Interest in serving on the Woman of Distinction committee, questions and nominations should be directed to Woman of Distinction Chair Ellen Reeves at ellenreeves@q.com or by phoning her at 602-883-5978.





A new Biennium will begin in April 2022.
The AZ Executive and Expanded Board
need YOU! Will you join?
Let Arizona President-Elect Kristi Koziol
know how you would like to volunteer.

kkoziol22@yahoo.com

Executive officers:

President-Elect
Treasurer
Recording Secretary
Corresponding Secretary
Historian,
Chaplain
Sergeant-at-Arms,
President of Council of Chapter Presidents

Expanded Board Chairperson:

AΔK Month
Altruistic
Guiding Documents
Candidate Qualifications
Courtesy
Excellence in Education
Fraternity Education
Honoris Causa
Policy/Procedures
Scholarships

State Convention Co-Chairs
Technology
Newsletter
Website
Ways and Means
Woman of Distinction
World Understanding
District Committee Chairs
Collegiate Club

(Thank you to those who have committed already.)

BUFFET ANYONE?

By CeCe Hall, Candidate Qualifications Chair

Leadership, like teaching, is never easy. It takes time, dedication, knowledge and hard work. We all have these attributes. Some of us are alright with staying in our classrooms while others desire to join the administrative arena. Either way, we all have leadership qualities that would benefit Alpha Delta Kappa.

With that thought in mind, it is never too late to consider offering for a state office. The state board is like a buffet: something for everyone. The positions to consider are: president-elect, treasurer, recording secretary, corresponding secretary, chaplain, historian, sergeant-at-arms and president of the council of chapter presidents. Each has a level of involvement which may suit your family, teaching or retirement life.

New state board officers will be elected at our state convention in April. This gives everyone plenty of time to consider what serving from the officer buffet they wish to pursue. I assure you that the experience of serving on the state board will be very fulfilling and enjoyable. It will give you the opportunity to meet sisters from around the state, help the president achieve her goals and provide Arizona Alpha Delta Kappa with continued excellence in leadership. IT WILL BE WORTH YOUR TIME!

**The state board
is like a buffet:
something for
everyone**



Application form will be posted on the state website after the September state board meeting or can be requested from CeCe Hall, Chairperson, Candidate Qualifications Committee, *deserttiger1@cox.net*. Please do not hesitate to contact CeCe Hall if you have any questions.



WORLD UNDERSTANDING PROJECT 2021-2023

During June 2021, members voted to choose the World Understanding Project for 2021-2023. Alpha Delta Kappa will support **C.H.E.A.R.** Making a **C**hildren's **H**ome with **E**ducation and **A**griculture a **R**eality in Tanzania



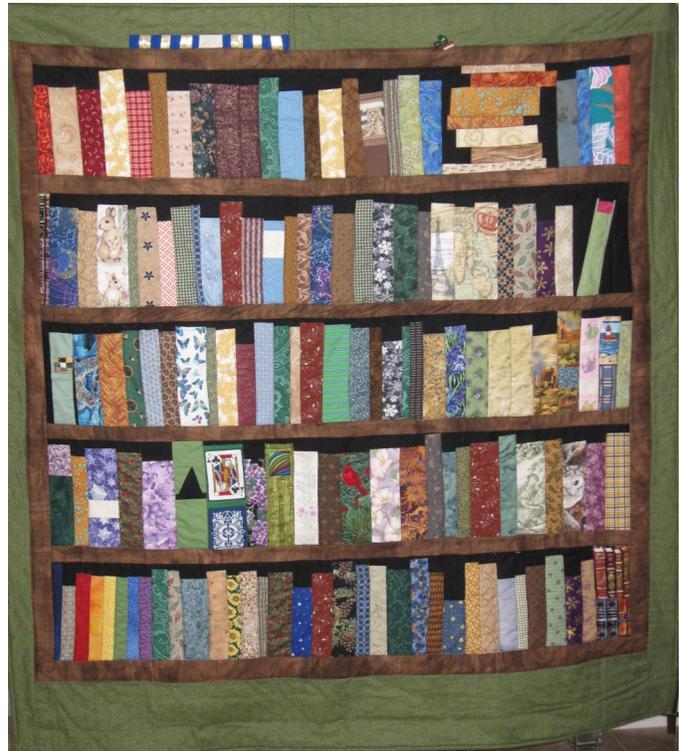
Project CHEAR’s mission is to empower disadvantaged children and youth in Babati, Tanzania through education. It is the only service of its kind in a region of 1.4 million. CHEAR will allow us to complete a 44-bed children’s home and build a school with a library technology center. We serve underachieving and illiterate children living in our rented Centre and the community. Certified teachers instruct our students. Establishing agricultural areas containing gardens, fruit trees and livestock will promote life skills and long term self-sustainability. Making this pioneer project a reality frees our children from a life of poverty.

More information at harambeefoundation.org

In each issue of the *Quilting Bee* we feature special quilts in the lives of Arizona sisters.*

This is what Ellen wrote about this featured quilt.

“I made this library quilt which hangs on my bedroom wall with fabric representing 48 of my favorite books. After seeing it, my sisters asked for one of their own, so I have made two of the three requested, using again fabrics which represent their favorite books. Some like *LITTLE HOUSE ON THE PRAIRIE*, the *BIBLE* and *THE SECRET GARDEN* are on all our quilts. It is fun to find fabrics to represent events or activities like trips to Europe, recopies or photo books that might be on a library shelf. Some fascinating or pretty fabrics just call out to represent other library books.



Library Quilt made by Ellen Wixom, Zeta

* If you have quilts that you have made, or ones that are special to you, and would like to see them in the Arizona Quilting Bee, please send a picture and a description to Nancy Martinez, martinez.nanc@gmail.com or Brenda McDowell, bmcdowe@comcast.net.



WORLD UNDERSTANDING

A GLIMPSE OF OUR GLOBE

By Joy Goodsell in collaboration with Susan Naegle



Painting by Canadian artist, Ted Harrison

Arizona in the summer theme song is Hot, Hot, Hot! So, we are traveling somewhere cooler. Our travels will take us to the Yukon in Canada. Canada’s landscapes are replete with snow-capped mountains, volcanoes, glaciers, snow-melt lakes, cold water rivers, coniferous forests and the stark tundra of the Arctic.

Some of the earliest evidence of human habitation is found in Yukon. Central and southern Yukon was populated by First Nations people. Today eleven Yukon First Nations have signed modern treaties with the government. These First Nations make laws and decisions on their settlement land and for their citizens.

A few factoids:

- ◆ 200,000 porcupine caribou embark on the longest mammal migration in the world every year.
- ◆ The Yukon sourdough thermometer consisted of four bottles placed outside in a window. The bottles contained coal oil, quicksilver, Jamaica ginger and Perry Davis Painkiller. When the quicksilver froze, folks stayed indoors.
- ◆ The Great Klondike International Outhouse Race is one of Yukon’s oldest running events.
- ◆ The Sign-Post Forest at Watson Lake has over 100,000 signposts people have left during their travels along the Alaska Highway.

The Northern Lights are spectacular in the Yukon. Canadian artist Ted Harrison has captured this display in many of his paintings. Sigma also captured the lights using oil pastels. Wavy lines were drawn and then “smeared” to create our own Northern Lights.



Alice Bever & Joy Goodsell demonstrate.



Bobbie Benitez & Linda Brady show their skill.

Sigma Northern Lights



Bobbie Benitez & Linda Brady



Alice Bever, Tammy Christopherson & Joy Goodsell.



CELEBRATING 60



Theta Chapter celebrated 60 years with a gala Diamond Celebration on June 3.



'Diamond' rings were given at the door and diamonds decorated the tables. Lunch was served and everyone participated in an "All about Diamonds" quiz. Highlight of the afternoon was provided by Elizabeth Sharma who sang "Diamonds are a Girl's Best Friend" aka Marilyn Monroe. All joined in singing "Sweet AΔK" to the tune of Neil Diamonds "Sweet Caroline" followed by "The Lamp of AΔK."



Elizabeth Sharma as Marilyn Monroe



Theta President Helen Valliere welcomes members and guests

Theta members, *left to right*:
Vaunee Ann Lewis, Alice Brinton, Charlotte Dairman, Francella Rhodes, Mary Lou Johnston, Sue Wodrich, Judy Lafarnara, Helen Valliere, Tricia Valliere, Jane Hilsendager, Cathy Cooper, MJ Brown-Day, Elizabeth Sharma



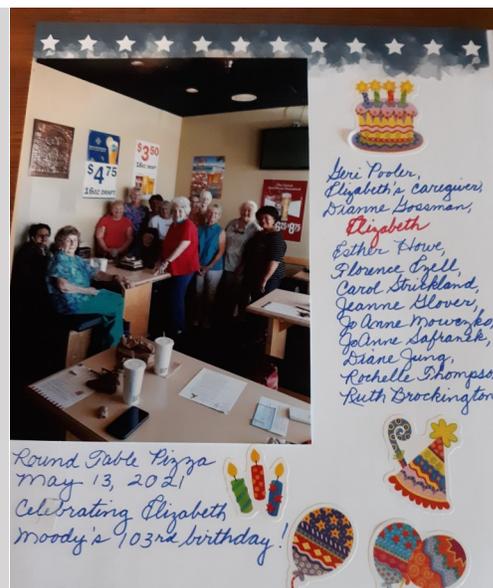
A SPECIAL BIRTHDAY IN YUMA



Alpha Delta Kappa Fidelis Zeta chapter had the honor of celebrating **Elizabeth Moody's 103rd birthday** on Thursday, May 13 at our meeting held at Round Table Pizza.

Elizabeth was a charter member of Alpha Kappa chapter in 1974 and has been an active member since then. She is also still actively involved in her garden club (where she grows beautiful roses and enters them in the Yuma County Fair), her church and several other organizations.

She is an inspiration to all of us. We are so proud to have her as our sister!



Round Table Pizza
May 13, 2021
Celebrating Elizabeth
Moody's 103rd birthday!

Leri Proden,
Elizabeth's caregivers
Dianne Bowman,
Elizabeth
Eithra Howe,
Florence Crill,
Carol Strickland,
Jeanne Glover,
JoAnne Mowen, Jo,
Jolanne Safranek,
Lisane Jung,
Rochelle Thompson
Beth Brockington



PSI CHAPTER NEWS by Gloria Suarez

Our Chapter President Michelle Roosma applied for the Alpha Delta Kappa International Leadership Academy. As a relatively new member in AΔK and in a leadership position in Psi Chapter, she wanted to gain as much knowledge as possible to do her job well and be the best that she can be for Psi chapter.

Michelle was chosen as one of twenty applicants to attend the academy. She is the only attendee from Arizona and one of two attendees selected from the Southwest Region.

Michelle participated in the academy for several months and participated in activities to promote personal and professional leadership qualities. She also participated in activities to help promote leadership in Alpha Delta Kappa at all levels. With great leadership, AΔK will not only survive, it will continue to thrive.

Michelle was one of three from the Academy, who had been invited to serve on the Leadership Academy Roundtable Plenary Session on July 8 at the International Convention. The International Board has voted to continue funding the Leadership Academy into the future. What a wonderful recognition that Michelle has had the honor to be a part of the very first Alpha Delta Kappa International Leadership Academy. Psi Chapter recognizes the outstanding leadership of our Chapter President Michelle Roosma. Congratulations Michelle!

Psi member Chelsea Bruce also presented at the Virtual International Convention in July. Her session was "Self Care – Q & A." Chelsea currently teaches 2nd grade at Kellond Elementary School in Tucson Unified School District #1 in Tucson. Previously she worked and presented for Southern Arizona Family Services and is CPR licensed. She has been a member of Psi Chapter for 3 years. Congratulations Chelsea on being selected by International to present at the convention. All of the presentations will be available in the fall on the International website, alphadeltakappa.org.

If you would have news from your chapter that you would like to share in The Quilting Bee, please send articles and pictures to Nancy Martinez at martinez.nanc@gmail.com or Brenda McDowell, bmcadowe@comcast.net.

Deadline for next issue of The Quilting Bee is November 13, 2021



SNIPPETS FROM THE THIRTY SECOND INTERNATIONAL CONVENTION

President Nancy Martinez asked Arizona sisters to write some of their thoughts concerning the 32nd Alpha Delta Kappa International Convention. Here are some snippets from their views.



**Nancy Martinez,
AZ AΔK State President**

What a great Virtual International Convention!

I had the honor and privilege of participating in the Pathway to Diversity panel entitled *Sister to Sister*. Along with fellow AΔK sisters; Maddie Bosma, Brenda Henderson, Anita Brown and Dee Phillips, we shared our stories of growing up, our teaching careers and how we were treated as women of color.

My story was similar, yet different from my other sisters, in that while I am of mixed heritage, I was passed off as white most of my life. I say that because I am very proud of my Hispanic/Latina heritage, and I do embrace my German/English/Scottish heritage. However, the latter heritage seemed to be the one most people saw and not the former. Though if you heard my story, you know that being Mexican kept me from being friends with certain classmates, once they found out that my dad was Mexican. I was told to not worry about college, but to look for a job and get married.

One thing I learned is that we can learn from all of our AΔK sisters, no matter their ethnicity/race. We each have a voice and that voice can bring more sisters into our AΔK community, if we would just look beyond the color of our skin.

**Princess Robin
aka Robin Leebardt, AZ PCCP**

Hello, Arizona AΔK Sisters! Even though we couldn't meet in Austin for an in-person convention, I couldn't have imagined a more worthwhile virtual convention to take its place. I would like to tell you about two of the workshops I attended: "Blame It All on My Roots" and "Self-Care as a Priority."

"Blame It All on My Roots" by Barbara Stainback and Leslie Koenck, both from LA Alpha Sigma, was an information-packed hour of how to navigate through the website *Ancestry.com*. I was interested in this session because my mom and I submitted our DNA to Ancestry 3 years ago.

Warning from Barbara, Leslie and me, you can go down the rabbit hole and spend hours on the site! I did upgrade my account and paid a monthly fee that would allow me access to more documents. I thoroughly enjoyed listening to these Southern gals. Their interest and excitement definitely got me interested in my roots.

"Self-Care as a Priority" by our very own Chelsea Bruce from AZ Psi was a phenomenal session that to this day makes me think: what am I doing that is good for me? Chelsea so beautifully and caringly got us to look at ourselves and our lives and closely examine our habits and mindsets (especially after this past year, we are all experiencing "compassion fatigue").

**Mary Hendereson
Arizona Alpha Nu President**

One of my favorites was about the variety of positions and formats teaching/teachers had at their districts and grade levels during the pandemic with Zoom, hybrid or in-person. Bless you all for educating our young students.

From there I went to the session that lightened the mood - *Laughter Yoga and Theatre Games for Classrooms and Chapter with Sally Miller*. Some great ideas to refresh, relax and unwind.

After lunch was the session *Teaching for Artistic Behaviors is a Game*

Changer. I had never heard of TAB and was fascinated. I really loved Pam Winter's reading the book "Beautiful Oops" by Barnie Saltzberg about making mistakes that she shares with her students. I'm sharing this with my art teacher friend.

**Shirley Bruns
International Teacher Education
Board Member**

- I was an attendee for the *Being Bold: Learning & Teaching through a pandemic*. I was very impressed with the teachers who shared their experiences during such an uncertain time. You can tell their caliber of teaching by their caring, innovative ways.
- The workshop for *Ways to Keep Your Chapter Viable* had some good advice also. I especially liked the SISTERHOOD acronym and felt that would be a good one to use for Fraternity Education for chapters.
- I very much enjoyed being a part of the Secret Ingredient workshop that focused on the International Teacher Education program's co-sponsors. Those women are truly wonderful.

I was very impressed with the four members who worked to put the symposium week together: Kris Hinz, Phyllis Robinette, Lynn Blosser and Chloe Woodruff.

**Helen Valliere
AZ State Recording Secretary
Educational Symposium
Opening Session**

This session, although entitled the opening session, actually took place within the convention following the Educational Symposium. Kris Hines, Chair, Educational Symposium Committee along with four sisters from four different regions, put on an educational spectacle! The theme of Being Bold: Pathways to Diversity, Learning, Leading and Sisterhood included a total of 78 sessions with a total of 121 presenters/co-presenters who hailed from four different countries including the US, Canada,

continued...

Snippets continued...

Mexico and Abu Dhabi. This session highlighted the 4 Collegiate Clubs, the Excellence in Education program and the International Teacher Education program. We heard from representatives of each Collegiate Club; our Excellence in Education Winner, Michelle M. Davis Delaware Epsilon, Northeast Region; and our ITE Board. The session truly highlighted all that Alpha Delta Kappa does to continue to educate our future sisters and our current sisters, while also recognizing young women who teach in our schools, both locally and abroad. A touching conclusion to this session included a musical slide show played to "You are the Reason" by Cullum Scott and including quotes from students who responded to *What is a Teacher?* It was truly inspiring. A virtual convention may not have been in our thoughts or plans but having had so many opportunities to educate ourselves in four different pathways and to wrap up our learning with this "opening session" truly would not have been possible otherwise.

**Barbara Sundust, Iota
AZ State Sergeant-at-Arms**

The first day of the Educational Symposium was dedicated to Diversity Pathways. The session I found very interesting and helpful was *Alpha Delta Kappa Needs Diverse Books*. The three presenters were librarians from Maryland Alpha Beta. Together they presented a bibliography of over 40 books on diversity for students from kindergarten through adulthood. As teachers, active or retired, we can benefit from reading and sharing books by and about people of color or those somehow marginalized by white society. Besides the bibliography, which can be found on the International Convention site, they gave two resources:

<https://ccboe.libguides.com/diversebooks> &
<https://diversebooks.org>.

Their suggestion is for all of us to read then share the books through book clubs, gifts and talking about what we are reading. Having open conversations and learning about authors of diverse literature can help us grow and expand our world. There is truly a world of infinite possibilities here. HAPPY READING!

**Jan Thornton
President Alpha Epsilon**

I had so many favorite things from the many presenters! I could make up a new verse to that song! My top favorite was this quote, "Waste time doing something meaningful."

How does wasting time fit into a goal for next year? We don't have any time to waste! Ah, but I can, as another presenter suggested, do a better job of having a lesson plan for our Meetings (30/30/30) that includes time to check in with members on a themed beginning and ending "share" that focuses on membership (building relationships with current members and together, recruiting new members) and leadership (building current members' confidence and, guess what, recruiting new members). Many presentations that I took promoted these ideas. I have pages of notes that my Mentor (the other delegate) and I will be sharing.

**Omicron Chapter Co-Presidents,
Jeannine Faidley and
Baleka Baker**

We were really interested in the membership ideas to keep our chapter viable and revitalize our chapter. We attended "Lessons to Lead" with Linda Rissel, Debby Stubbing, Karen Santos and Judy Barnhill. "Reaching Out"—revitalizing a chapter that was right up our alley with May Ann Gerdes, Nancy Medina and Jeanie Hinck. "Fraternity Education that Energizes" with Betty Jo Evers, Jeanie Hinck and Mary Anne Gerdes was lively and informative. We now have more ideas to implement in the next year!

The most impactful presentations were "Uncovering Truth in the Face of Injustice" with Wanda Smith in the Diversity Learning Pathway and "Being Bold: Learning and Teaching Through a Global Pandemic" in the Learning Pathway with panel presenters Laurel Brown, Penny Robertson, Denise Palmer and Jamie Hawkins. Since Jeannine and I are both retired and didn't experience the effects to the classrooms of the pandemic, the most impactful speaker was Denise Palmer from Ontario, Canada. Palmer shared with us her very scary perspective of dealing with the distance learning requirements demanded in her

strategies for classroom instruction either virtual, in-person or hybrid. From her perspective she was really concerned about what consequences her teaching strategies would have on her student's mental health, development, learning and achievement. As an example, she explained that her first and second grade students became numbers not students, and she couldn't help them with anything because she had to keep a meter distance.

**Kristi Koziol
AZ President-Elect**

Wow! What an INCREDIBLE convention I was so impressed with the quality of the video programs and scheduling!

The schedule of programming was well presented. The first week was the Educational Symposium Learning Pathways Sessions. Each day was a new theme: Diversity and Inclusion, Learning, Leading and Sisterhood Sessions. I had found a session to attend and then more sessions! They were informative and engaging. You were not limited to the number you attend and I went back to re-watch other sessions. Just monitoring the chat room, you see members from many different places and who connected from Arizona.

The second week included the informative Business Sessions, enjoyable Regional Celebrations, awesome Keynote Speakers, a touching Memorial Service and inspiring Installation of Officers. My favorite part has always been learning the new International theme and logo.

Betty Smith, AZ State Chaplain

When I found out that the International Convention in Austin, TX was cancelled I was saddened because I looked forward to reconnecting with sisters that you see only at that level of interaction. I can genuinely tell you I was impressed with how well the Convention Committee pulled off a virtual convention. Kudos to ALL who had a hand in this first attempt and history-making convention.

Sessions attended by Betty Smith:

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continued...

Snippets continued...

- D-1: Hats off to Wanda Smith for the courage to report the truth on a public forum format. She definitely did “Uncovering Truth in the Face of Injustice.”
- LR-4: Delightful games and activities that can be used to give your students a short change and break in the learning process.
- LD-3: “Leadership LIVE”: Linda Chambers and June Bellamy gave a presentation that had you sitting in awe at the characters that they drew out of history and depicted them with simple head-dresses and smart collars, scarfs or collars. Ladies, you were outstanding, and had me anticipating what you were going to come up with next. Awesome job from two talented AΔK sisters.
- LD-9: “Leadership’s Infinite Possibilities Continues:” The panel of Bev Card, Charlene Lauria and Sue Wade told their stories of how they got involved in leadership starting at the chapter level and how, who and where they became involved at a higher level all the way to International.
- LD-15: “International Teacher Education’s Secret Ingredient” It is so good to see Arizona sister Shirley Bruns, Chairman for the ITE program. As a sponsor of an ITE student, I get goose bumps every time this program is brought to the front of people who can get involved. Your life will never be the same and how enriched it will be because of being a sponsor for an ITE student. It’s a great way to get involved past your chapter meetings.
- S-9: “The History of Texas Bar-B-Q” Katie Lortus, Texas Epsilon Lambda, gave us all the ins and outs of smoking vs grilling and why there are favorites for both. She explained why the “brisket” is king of Bar-B-Q. She explained why

there are before sauces and after sauces. She was like an encyclopedia on the subject. She even gave us the names of some places to visit when we get to Austin, TX. Some places a short drive away from the convention hotel.

- S-15: “Fraternity Education the Energizers:” Anything Betty Jo does is fun and energizing. She must have had the secret to the “Energizer Bunny” before it became a commercial. The fraternal education games and activities were great!

International Convention Speakers:

Each had their own presentation and message. I learned something special from each one’s talk. It was like a chat not a lecture. My favorite was Dr. Bertice Berry! She had me laughing, smiling and crying tears of joy in her accomplishments.

Jennifer Ceccardi **President Elect Psi chapter**

I was totally impressed with the Convention. I especially loved Dr. Bernice Berry’s presentation and just finished listening to her book, *The Ties That Bind A Memoir of Race, Memory and Redemption*. I got the CDs from the library. What a perfect speaker for the times we are living. I was also so impressed that my daughter (Chelsea Bruce) did such a great presentation on self-care. She’s such a natural at presenting (unlike her mom!). I also love that I can access the presentations I was unable to attend.

Michelle Roosma **Psi Chapter President** **6th Grade Educator**

I’m writing this, in part, to encourage anyone who has been with AΔK for less than five years, to think about applying for the next AΔK Leadership Academy.

I applied for the academy last year,

during my first year as president of the AZ Psi Chapter. I figured that I could use all the help that was offered, since I had already missed out on the New Presidents session at Regional in Hawaii, and it wasn’t looking good for International Convention in Texas either.

The Leadership Academy was accepting twenty people from around the country to take part in this program that began in April and runs through October. I joined AΔK in 2017, so I was eligible to apply. This academy benefits yourself, as well as those around you—be it personal, professional or AΔK related.

We were fortunate enough to be able to have the International board meet with us a few weeks ago. There were breakout sessions, sharing, laughing, and seriousness; all the things that make for a good meeting. By now, we have also all received a mentor. Our mentors came from all over as well, even Canada. Luckily, my mentor, Nancy Harrison, is right here in Arizona. I say luckily because the time zone difference was a bit confusing, with several us in different time zones.

I was even lucky enough to be chosen to participate in a round table session during the International Convention. Talk about exciting and nerve racking. It’s much easier talk to live people, in person, rather than on Zoom. You don’t get to see or hear reactions. You may think something is funny, but without being able to see people, it’s hard to know with certainty. Our hope is that other people could get something from our experiences. As part of this process, we participants will be presenting at our respective Regional Conventions in 2022. Hopefully then, I can meet you in person, and you can join our leadership session if you want to learn more. And let’s face it ladies, to be a great educator means that you are committed to learning new things for yourself. Aloha!





Dear sisters

For several days in July, I would check the *alz.org/adk* website and watch our numbers grow steadily upward. I'd look at the team's progress and smile because I knew who was trying to overtake whom. At times, only dollars separated teams in their rankings.

When the KAPPAN went to press for the September issue on July 22, our total raised was \$193,176.10. As amazed as I was on that day, I was astounded when Pippy Rogers notified me we had reached \$198,000 a couple of weeks later. Today, I am speechless. Our original goal to raise \$50,000 for the work of the Alzheimer's Association has been more than

quadrupled. Our total raised, dare I say *so far*, is \$216,475.10. How proud I am of my Alpha Delta Kappa sisters, and how grateful I am to each one for their promotion of and participation in events held related to The Longest Day. We teamed together on the brightest day of the year to help others face one of the darkest diseases known to mankind. What a difference you have made as individuals, as chapters, S/P/Ns and International participants. "Thank you" seems inadequate, but thank you I do.



Please continue in the fight against Alzheimer's as we move forward this biennium to Share the Love of Alpha Delta Kappa.

With love, respect, gratitude, and a big dumb smile spreading from ear to ear,

Sue Pelchat
AΔK TLD Global Team Coordinator 2019-21

Arizona AΔK State Convention
April 8, 8-10, 2022
at the Hilton Garden Inn
in Prescott, AZ



**Honoris Causa Nomination
2020 – 2022**

The Honoris Causa Committee shall give special recognition to outstanding members for continuous Alpha Delta Kappa work and service, thus inspiring and encouraging members to excel in leadership in Arizona Alpha Delta Kappa.

Deadline for Nomination: Postmarked no later than 10/31/2021

Name: _____ Address: _____

Phone: () _____ Chapter: _____

Family Information: _____

Professional Background – College/Degrees: _____

Experience as an Educator (# of years):

Elementary _____ Secondary _____ College _____ Admin _____

Member in Professional Organizations: _____

Special Accomplishments/Activities in Education this biennium (Please include dates):

Alpha Delta Kappa Membership: _____ Years Active Membership

Offices held: Chapter _____

District _____

International _____

Committee Membership/Committee Chair _____

Alpha Delta Kappa Projects (such as altruistic) _____

Attendance: Chapter Meetings (Rate 0% - 100%) _____

District meetings: yes / no State Leadership: yes / no State Convention: yes / no Regional Conference: yes / no
International Convention: yes / no

Proposed by (Chapter Name): _____

Endorsed by (Chapter Officer): _____ (Signature)

Office Held: _____ Phone: _____

Endorsed by Chapter Member: _____

Date Submitted: _____

Chapter President Signature: _____

Completed Form and one-page letter of recommendation MUST be sent to:
Honoris Causa Committee Chairman Karla Fernwault
14569 W Columbus Ave
Goodyear, AZ 85395
karlancharlie@q.com
623-535-9949



MORE PAST, PRESENT & FUTURE PIECES FOR OUR LEGACY

DATES TO REMEMBER

September 18, 2021
CCP Annual Meeting, Casa Grande, AZ

October 1, 2021
Chapter Yearbooks due to State President

October 2, 2021
Northern District Founders' Day

October 9, 2021
Central District Founders' Day

October 15, 2021
Arizona State Mini-Scholarship Application Due
Regional Mini Scholarship Application Due

October 16, 2021
Colorado River District Founders' Day

October 23, 2021
Southern District Founders' Day

October 31, 2021
Deadline for Honoris Causa Nomination

November 13, 2021
Deadline for articles for Quilting Bee #6

December 1, 2021
Deadline for Woman of Distinction Nomination

HAPPY BIRTHDAY TO THESE CHAPTERS

Lambda	60 th	October 10
Delta	63 rd	October 18
Mu	60 th	October 21
Psi	53 rd	November 16



CONDOLENCES

The thoughts and prayers are with these sisters and their families. May memory pieces bring comfort.

- Beta sister Obdulia Gonzalez on the death of her mother.
- Alpha Nu sister Twyla Preising and her husband Dean on the death of Dean's mother, Barbara Terhune Preising.

GET WELL WISHES

Thoughts and prayers for a speedy recovery.

- Phyllis Dirksen, Beta who had knee surgery.
- Steve Suarez, husband of Gloria Suarez, Psi, for recovery from a fall.



SISTERS JOINED OMEGA

Dawn Knight, Alpha Alpha, June 2, 2021
Jean Brady, Zeta, August 14, 2021

A Piece of our Past



The Arizona Quilting Bee is edited by
Brenda McDowell, AZ State Newsletter Editor.
Please send articles and pictures to
Nancy Martinez at martinez.nanc@gmail.com
for approval to be included in the newsletter.

Deadline for next issue of The Quilting Bee
November 13, 2021

