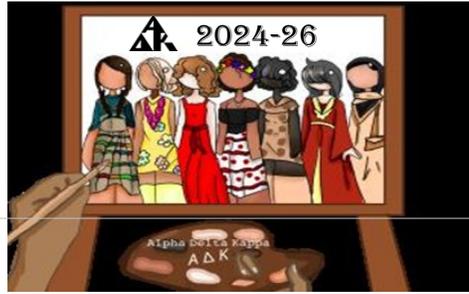


DESIGNING OUR FUTURE



CELEBRATING OUR DIVERSITY

Distribute Empower Support Inspire Generate Nurture

Arizona Alpha Delta Kappa

THE DESIGN GAZETTE

March 2025 Volume 1 Issue 3



Happy Spring! I know as you read this newsletter the calendar has not quite officially reached spring. However, I feel as though we did not have much of a winter and have already been experiencing spring-like weather for weeks.

I love this time of year when everything seems brand new – especially if we manage to get some rainfall. Spring marks the beginning of baseball season, the Christian season of Lent followed by Easter, and our Jewish sisters celebrate Passover, which this year culminates on Easter Sunday. It is also a time of renewal for our active teachers who get the opportunity to have a week or two off from school before beginning testing season and enduring a never-ending fourth quarter.

No matter what you are celebrating or looking forward to this spring season I hope it will be a time of renewal for all of our sisters. Look around and celebrate

all the good things in your life. We are all very blessed, or if you prefer, lucky to live with so many things that we often take for granted. No matter how tough things may seem, we all have a roof over our heads, food on our table, family or friends to share our lives with, and we live lives of abundance. As we go forward in this season of new growth and renewal, let us spend our time thinking of those less fortunate than ourselves: those who have suffered tragedy in wildfires or hurricanes and those living in crime-ridden or war-torn countries. Let us help others feel a sense of renewed growth and better days ahead. Remember, we are Designing our Future while celebrating our Diversity – both here in Arizona and throughout all of Alpha Delta Kappa.

Helen



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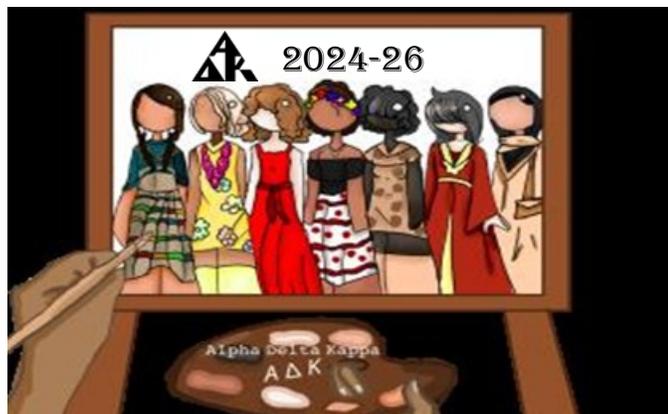
SPECIAL POINTS OF INTEREST

- Guiding Documents Deadline
- Voting for World Understanding Project
- UA Women’s Basketball
- Anniversary Celebrations
- Chapter Designs
- UA Collegiate Club

Check March **KAPPAN**
for latest news on
2025
International Convention

Arizona Logo and Theme 2024-2026

DESIGNING OUR FUTURE



CELEBRATING OUR DIVERSITY

There are seven women representing each of the states/nations in the Southwest region. Each woman has a pearl in her hair, our seven pearls. Our organization's diversity is represented by the variety of dress worn by the women and by the different skin tones. The paint palette matches the skin tones and indicates our organization's name - Alpha Delta Kappa.

Goals for the Biennium are to:

Distribute Empower Support Inspire Generate Nurture

Distribute funds to the Arizona Friends for Foster Children Foundation Scholarship Fund

Empower chapters and individual members in positive membership growth through recruitment, reinstatement and retention of members.

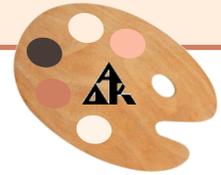
Support each member to instill confidence in holding leadership positions at the chapter, state, regional and international levels.

Inspire to embrace cultural differences, impact educational excellence and increase world understanding

Generate greater communication between chapters through innovative ideas for sharing ideas and programs and attending other chapters' meetings.

Nurture relationships with active teachers in order to learn about current needs and how membership can help teachers meet those needs.

Palette of Arizona AΔK State Officers 2024-2026



Executive Board

President	Helen Valliere, Theta
President-elect	Nancy Harrison, Iota
Immediate Past President	Kristi Koziol, Alpha Nu
VP for Membership	Pat Trias, Omicron
Treasurer	Chris Sanzo, Psi
Recording Secretary	Elizabeth “Betty” Smith, Pi
Corresponding Secretary	Julia Gates, Psi
Historian	Barbara Sundust, Iota
Chaplain	Baleka Baker, Omicron
Sergeant at Arms	Michelle Roosma, Psi

Expanded Board

AΔK Month	Robin Leebardt, Sigma
Altruistic	Mary Peoples, Iota
Budget	Chris Sanzo, Psi; Betty Jo Evers, Iota
Candidate Qualifications	Kristi Koziol, Alpha Nu
Guiding Documents	Betty Jo Evers, Iota
Collegiate Club	Suzanne Maly, Zeta; Tricia Valliere, Theta
Courtesy	Sandy McAlpin, Alpha Nu
Excellence in Education	Jan Walker, Lambda
Fraternity Education	**
Honoris Causa	Jackie Wortman, Psi
Longest Day	Sandy Nunley, Pi
Newsletter	Brenda McDowell, Zeta
Policy/Procedure	Alice Brinton, Theta; Sue McConnell, Mu
Scholarship	Twyla Preising, Alpha Nu
State Convention	Mary Lou Johnston, Theta; Kayanne Anderson, Theta & Sue Wodrich, Theta
Webmaster	Valdine Brower, Iota
Woman of Distinction	**
World Understanding	Barbara Sundust, Iota

Founders’ Day Chairs

Northern	Renee Atcitty & Marie Upshaw, Alpha Beta
Central	Jan Walker & Mary Lynn Kelly, Lambda
Southern	Debbie Gayheart; Robin Gilbert & Filomena Brooks, Omicron



Guiding Documents

Betty Jo Evers, Arizona Guiding Documents



URGENT



ALPHA DELTA KAPPA GUIDING DOCUMENTS 2024-2026

**ONLY A FEW DAYS BEFORE DUE DATE
(March 15, 2025)**

Submit the P&P Cover Statement on the web via a JotForm.

Here is the process:

- 1.** Sign into the International Website alphadeltakappa.org.
- 2.** Click on **Members Only**.
- 3.** Click **Resource Library**.
- 4.** Click **Chapter Officers**.
- 5.** In right-hand column, click **Chapter Bylaws**.
- 6.** Scroll down and choose #6
- 7.** You will find two #6s.
 - a.** The first one is to be completed for submission.
 - b.** The second one is a sample.



The Tradition Continues...



Our 3rd Annual U of A Women's Basketball Game on Sunday, February 16, had some bright spots for sure. It was a hard-fought game even though Arizona lost to TCU. We were fortunate to sell 60 tickets to several Alpha Delta Kappa Chapters and friends.

The Big Tron featured Alpha Delta Kappa and mentioned International President Ann Marie Brown and Arizona State Board: President Helen Valliere, Immediate Past President Kristi Koziol, President-elect Nancy Harrison, Vice President of Membership Pat Trias; Treasurer Chris Sanzo, Corresponding Secretary Julie Gates, Historian Barbara Sundust, Sergeant-at-Arms Michelle Roosma.

This is one way to let 7,732 attendees know about Alpha Delta Kappa.



Mary Peoples, Barbara Sundust, Nancy Harrison, Betty Jo Evers



Ann Marie Brown and Helen Valliere



The after-game party was held at the Brooks' home. Food, fun and sharing truly completed the day! New soups were prepared as well as some pretty delicious desserts.

Debbie Gayheart, Ann Marie Brown, Mary Saraceni

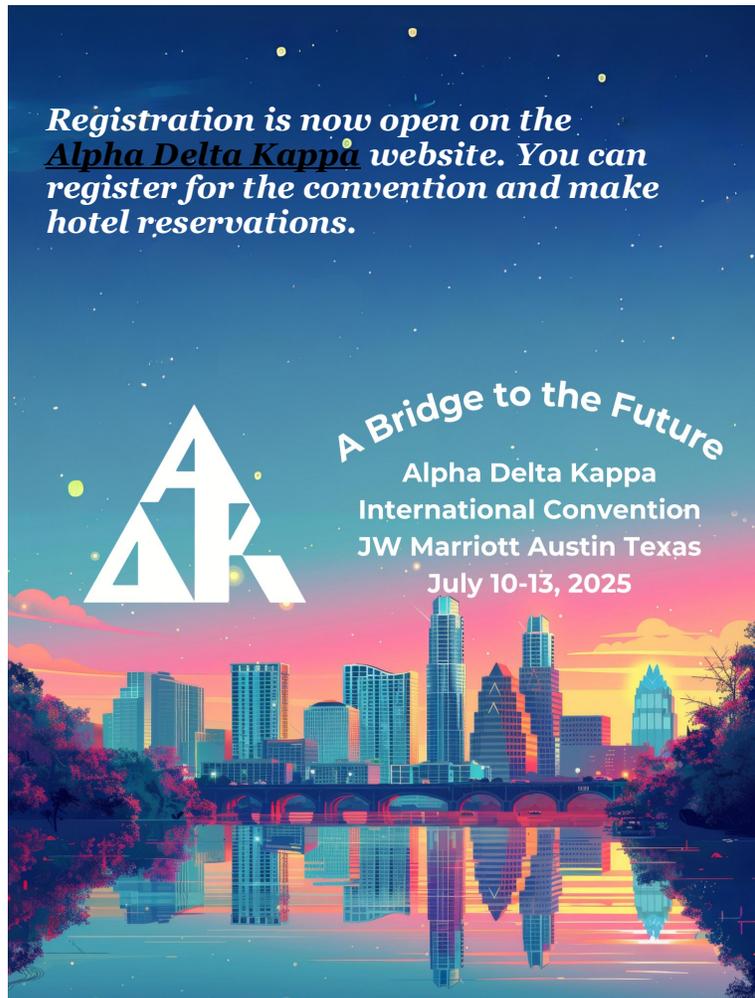


Sophia Culbertson, Rita Mills, Brenda McDowell, Anne Marie Sullivan, Robin Gilbert, Tara Luther



Pat Trias, Richie Kozlowski, Kristi Koziol, Barbara Kozlowski

Alpha Delta Kappa International Convention Austin, Texas July 10-13, 2025



This may seem a long time away, but it is a good idea to get ready as early as April to put your reservations in for hotels, air and transportation, as well as planning for your funds!

One idea is look at all the small bills (\$1 or \$5) that you have in your purse/billfold. If the serial number on it contains a A or D or K, place it in an envelope and write on outside of envelope: Alpha Delta Kappa International Convention.

You will be surprised how that will add up and help with convention expenses.

**We would like to have a great group from Arizona
to be there to support our
Ann Marie Brown.**



Bats flying high, boots on the ground
Alpha Delta Kappa where sisterhood is found
In Austin, Texas, under the starry sky
Making memories that money can't buy



Membership News

By Pat Trias, Vice President of Membership

Announcing 169% growth since initiating ONBOARDING.

Applause, please....



Educators are Heroes has resulted in tremendous positive growth this year. Getting training has been a good way for our chapters to expand their membership.

We can reach new members if you become a can-do chapter. You will find that by using this new strategy, your chapter can grow, too.

Southwest Region, as of February 13, initiated 60 new members and reinstated 12 members.

How about that!

This chart was taken from an article by Judy Ingham Southwest Region Vice President for Membership in the February 2025 Southwest Region newsletter, *The Southwest Sun*.

WOW!

Please check out the growth in New Membership!
Compare 2024 to 2025 and look closely at SW Region.
You ladies **ROCK!**
Congratulations on gaining **51 new members** this year, as of January.
168% rate of change from 2024 to 2025.
Impressive!

And, we've grown since January!

New Membership

January 2024 compared to January 2025
(June 1 to current)

Region	Jan 2024	Jan 2025	Rate of Change
Gulf	63	86	37% ↗
NC	53	73	38% ↗
NE	33	53	61% ↗
NW	13	14	8% ↗
SC	24	50	108% ↗
SE	113	154	36% ↗
SW	19	51	168% ↗
Total	322	481	49% ↗

2025-2027 WORLD UNDERSTANDING PROJECT



The World Understanding Committee has evaluated each application submitted. Three projects (below) were selected. Members will be notified of the voting procedures this spring before International Convention to make their ONE VOTE for the 2025 – 2027 World Understanding Project.

Project Sol y Luna with Resplandor International in Cajones Guanajuato, Mexico was submitted by Arizona Zeta and will benefit students in our neighboring country of Mexico.

The other two projects are **S.U.C.C.E.S.S. for the Lost Boys** in South Sudan and **Kadanso Schools** in Sierra Leone. You can read about all 3 projects at alphadeltakappa.org. Select *Foundation/World Understanding*..



ALL sisters will have the chance to vote for the World Understanding Project June 14-19.

You will receive an email with the link to the JotForm for voting. If you do not know how to login to access the form, find someone in your chapter to help you.

It is very important that you vote

Zeta Member Maria Elena Peterson and University of Arizona students volunteering at Resplandor International in Mexico.

Pictures are courtesy of Maria Elena Peterson.



Zeta Member Maria Elena Peterson volunteering with students at Resplandor International in Mexico.





Designs to Celebrate Chapter Milestones

50th Anniversary of Arizona Alpha Lambda and 55th Anniversary of Arizona Alpha Zeta



What a joy it was to celebrate the 50th Anniversary of Arizona Alpha Lambda and the 55th anniversary of Arizona Alpha Zeta. Kristi Koziol, Mary Henderson and Helen Valliere travelled to Lake Havasu City and enjoyed getting to know our sisters from these two chapters.

We shared about ourselves, had a simple ceremony and a delicious lunch. It was very encouraging to see the commitment and enthusiasm the members of these two

chapters shared. They are still very active in being part of Alpha Delta Kappa despite their somewhat distant locations. They are planning to share more with each other and have meetings together. Thank you to each and every one of these sisters for the invite and the hospitality.



Front row:

Karm Webert, Mary Niskanen, Corey Triassi, Tara Wyneken, Lou Ann Rawls, *Shanon Ferguson and Marilyn Gray.

Back row:

Cathy Bagby, *Diana Verley, Helen Valliere, *Jennifer Erbland, *Cynthia Ferguson, Denise Newbanks, Kristi Koziol, and Sarah Skemp.

* *Alpha Zeta sisters*

Zeta Sisters' Birthday Design

65th Anniversary of Arizona Zeta

Zeta sisters gathered at the home of Susan Lane to celebrate Zeta's 65th birthday with brunch, sisterhood and shared memories. For our birthday altruistic activity we assembled 36 birthday bags for foster children at AVIVA Children's Services.



Sharon Plaisted, Nancy France, Ellen Wixom, Susan Lane, Suzanne Maly, Brenda McDowell, Rita Mills, Sally Copeland, Adriana Hernandez

The bags will be given by AVIVA to the foster family for a celebration of a child's birthday. Each bag contained: cake pan, cake mix, can of frosting, tablecloth, birthday plates & napkins, party hats and birthday candles.



Collegiate Club at the University of Arizona Design of Our Future

By Suzanne Maly, Collegiate Club Consultant



We are honored to have both of our Collegiate Club sponsors as members of Alpha Delta Kappa. Maria Orozco, is in Zeta chapter and Chelsea Bruce, is in Psi

Chapter. Most of our 21 members, 16 of them, are preparing for Spring '24 student teaching and then graduation!! Wow! Thanks to our club sponsors and employees at the University of Arizona, we have a great meeting room and monthly newsletter announcements for our club.

What keeps our club alive is the help we get from our sponsoring chapter Zeta, other Arizona chapters and individuals, especially those around Tucson. We are grateful for their love and support. We are also able to provide more scholarship opportunities through Arizona Zeta's Jean Brady Fund at the Alpha Delta Kappa Foundation.

In October, three of our students attended Southern Founders' Day through the generosity of AΔK sisters in Tucson who covered their fees. We welcomed Sophia Culbertson, Ella Joy Henning and Carley E. Cantos who helped with many things at Southern District Founders' Day.

Students organized Trunk Treating at a Stepstone Foster Care Center with three trunks loaded with candy for children and foster parents. In December, students helped with gift wrapping and a morning long Foster Family Holiday Picnic.

Arizona Beta/Zeta Holiday event on December 7 included the Collegiate Club. At this event, we honored five students with scholarships from Arizona Zeta's Jean Brady Fund. A great example of sisters supporting future educators. These scholarship recipients have been in our club for all four years of their studies and pulled us through COVID years. Amazing!!

Scholarship recipients:

Megan Floyd, Rylee Dunkin, Emma Persson, Carley Shotsman and Anna Marie Perez



Southern District Founders' Day:

Ella Joy Henning, Carley Cantos, Sophia Culbertson



Collegiate Club at Beta/Zeta Holiday and Scholarship Celebration:

Suzanne Maly, Carley Shotsman, Morgan Hinkle, Emma Persson, Ella



Trunk or Treat: Rylee Gardner Dunkin, Carly Cantos, Ella Joy Henning



Certified wildlife habitat

Designs in Yuma



The following article was in the January 30, 2025 issue of the *Yuma Sun* by Alex Ebrahimi.

Dr. JoAnne Mowczko is a member of Arizona Fidelis Zeta

The house of retired biologist JoAnne Mowczko, is known as a haven for hummingbirds. As neighbors come closer they see the “Certified Wildlife Habitat” sign above the garden. The hummingbirds quietly disappear. “Anybody who has any kind of habitat, it’s a stepping stone to another habitat,” Mowczko said. “Anybody can plant one, and animals need neighbors too,” she explained. “If you have all this habitat but the next milkweed or bed or flowers or whatever is 40 miles away, that’s too much distance.”

To have a wildlife garden certified by the National Wildlife Federation, all the gardener has to do is start gardening. The wildlife will fill in the criteria: food, water, cover and places to raise young.

There are plenty of resources for Yumans to learn how to get started: Arizona Native Plant Society, Audubon Society, University of Arizona Mater Gardener Program, Yuma Garden Club, Yuma Orchid and African Violet Society. And for more information on certified wildlife habitats contact Native Plant Habitats. “All of these people know a lot about gardening,” she said. “They have meetings and different programs available to anybody interested.”

With the information the neighbors went on their way. Without a sound the hummingbirds returned.

“Spread the word,” Mowczko said. Neighbors might only glimpse the hummingbirds or the sign above the desertscape in her front yard. But there’s so much more behind it as Mowczko will tell you. Like her backyard where there’s another certified garden, providing not just resources to increase the population of monarch butterflies but other populations too. Strategy was behind the naturally not-so-neat stack of stones. Lizard lived between them. Even the weeds in another garden had a purpose. Spent flowers. Fallen leaves. Many animals use these resources for shelter, nest building. “Excuse the mess,” Mowczko said. “I’m feeding the birds.”

In another garden tortoises, Mrs. Tank and baby tank, are burrowed. “Mr. Tank I left with a friend because you’re not supposed to reproduce them,” she said. You wouldn’t see them unless she told you. As you



MOWCZKO'S BACKYARD GARDENS, where two tortoises live and citrus grows.

wouldn’t see the ceramics studio inside the shed, without opening the door. Like the plants in her gardens the ceramics in her studio reflect wildlife. A hummingbird camouflaged in her front yard desertscape. A clay owl hidden between the carved branches of a vase in her backyard studio. “I enjoy it every time I go out and walk around,” she said about her gardens. “It’s all very organic,” she said about her ceramics

More News from Fidelis Zeta

- Sapphire sister, Esther Howe, passed away on December 6.
- Golden sister, Geri Pooler, was 95-years-old on December 1. She fell leaving for church and broke her pelvis. They flew her to Phoenix for treatment. She is back in Yuma doing rehab.
- Our honorary sister, Ollie Wiegel, celebrated her 95th birthday on February 6.

Sisters' Holiday Design



Zeta, Beta and Collegiate Club sisters gathered for a Holiday Brunch at the home of Brenda McDowell. Included were an installation of new members and the presentation of scholarships from the Jean Brady Fund to collegiate students.



Beta Sisters: Phyllis Dirksen, Delia Ramirez, Yvonne Ramirez, Francine Bourland



Installation of New Members mother and daughter Karina and Cristina Guevara who are both teachers in Sunnyside Unified School District.

Pictured:

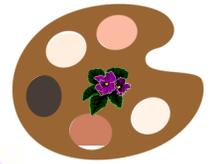
Casey Woods, Karina, Cristina, Suzanne Maly and Rita Mills

Suzanne Maly presents \$1,000 scholarships to 5 graduating seniors of the UA Collegiate Club from the Arizona Zeta Jean Brady Fund on deposit at the Alpha Delta Kappa Foundation. These scholarship recipients have been in the Collegiate Club for all four years of their studies.

Front Left Suzanne Maly
Seated Cristina Guevara
Standing Carley Shotsman, Emma Persson, Megan Floyd, Carly Cantos, Ella Joy Henning, Sabina Burquez, Sophie Aldana, Sophia Culbertson, Rylee Gardner Dunkin, Morgan Hinkle, Susan Lane, Arlene Doran



Designing Mu Sisters



Taken from March issue of Mu Musings

FEBRUARY HIGHLIGHTS



The Mu sisters pictured above participated in a Walk to benefit Alzheimer's. After their walk, other members joined them at a local Asian restaurant for lunch. Mu Chapter is proud to support this worthwhile charity. They have raised over \$500 in support.



Sue's sister, Kathy Mance, and Sue's neighbor, Sandy Gloege, joined us for lunch.

Alpha Alpha Design for January Meeting

Taken from March issue of Alpha Alpha Newsletter

Speaker Sophia Brown, Prescott High School Interact Club President, gave a talk on her trip to Kenya as part of Rotary International's Crutches 4 Africa project. She was one of five students in Arizona selected for this experience and shared slides from all the different places they visited including schools, hospitals, community centers and foundations. The students interacted with patients and helped provide care, taught lessons in the schools, learned to cook traditional African foods and were involved in different cultural activities such as singing, dancing and painting. They took with them many mobility devices and school supplies to donate to the various towns they visited. Arizona is the only state that is continuing with this Rotary project that has expanded to include Mexico. The 8th team from Arizona will go to Kenya this coming summer, and it will be the 4th team to travel to Mexico. Sophia has applied to go to Mexico, but is waiting to hear if she was accepted.



Kay Turner and Sherry Baca celebrate their January birthdays during lunch at the Gurley Street Grill. They show off their secret sister gifts: Kay received a Starbucks gift card and an amaryllis plant while Sherry holds the Starbucks gift card she received.

Sisters Designing

Theta chapter gathered for a Christmas celebration at the home of Charlotte Dairman. Instead of exchanging gifts with each other, the chapter adopted two families to provide a nice Christmas. After the meeting, members wrapped and sorted the gifts to be delivered to the needy families



Charlotte Dairman, Kay Warg, State President Helen Valliere, Jane Hilsendager, Tricia Valliere, Theta President Alice Brinton, Mary Lou Johnston, Kayanne Anderson, Sue Wodrich

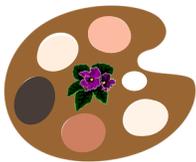




My goal in these world understanding articles is to establish a connection with sisters in our State/Province/Nation (S/P/N) chapters. One of my favorite expressions when I talk about Alpha Delta Kappa is, “I love us.” All of us. I was only a sister for 2 years when I had the chance to attend my first International Convention in Washington, DC. Betty Jo Evers told me that if I went to my first one, I would be hooked—of course, she was right. Walking into that first meeting room was breathtaking and filled me with awe. Meeting and listening to sisters from 50 states, Australia, Canada, Mexico, Jamaica and Puerto Rico gave me a greater appreciation for our wonderful organization. So, when I read the article on Puerto Rico’s convention, I was intrigued and wanted to know more about its chapters. I went into the International directory and found the phone number and email for Silkie Obregon, the Immediate Past President of Puerto Rico. We are in contact, and I will share her information. This also made me think that if we see articles in the

KAPPAN we could reach out to our sisters from any S/P/N and expand our sisterhood experience.

I received an enthusiastic response from Silkie. She sent pictures and information about their chapters. Their first chapters, Alpha and Beta, were installed in April 1962. Our Puerto Rican sisters celebrated their 60th anniversary in 2022. Silkie said, “I truly appreciate your interest in promoting our chapter, which we proudly uphold with great honor.”



Installation of the first Puerto Rican chapter in 1962.



FRATERNITY EDUCATION ACTIVITY



Did you know that our President Helen Valliere and President-Elect Nancy Harrison are related?

Many of you may know this, but Nancy Harrison, President-Elect and Helen Valliere, President, are second cousins. Our mothers were first cousins. We were both born in Galesburg, Illinois, just a few years apart. We both ended up moving to Arizona, Helen as a 13-year-old and Nancy a few years later as a young married adult. Throughout our time in Arizona, they have shared all the typical family celebrations, including high school graduations, marriages, birth of children, grandchildren, and many more things. Although Helen's parents and siblings have made Arizona their home for many years, none of Nancy's relatives did so. They have become closer, sometimes more like sisters, as a result. Despite these similarities, their journey through their education careers and Alpha Delta Kappa have been different.

Here are a few questions for you to try to answer :

“Is it Helen or is it Nancy or is it both?”

1. Who was married on the other's birthday?
2. Who has been to at least five regional conferences?
3. Her son plays in a Jazz band (or two)?
4. Has lived in Arizona more than 50 years?
5. Once had four horses?
6. Her father was a postman?
7. Broke her leg at 18 months old?
8. Is an Ordained Minister
9. Once attended James Madison University?
10. Her brother was a nurse?
11. Her mother was a professional singer?
12. Has a granddaughter named Bella?
13. Has conducted an interview inside the Arizona State Prison?
14. Has served at all levels of Alpha Delta Kappa?
15. Is a Math Specialist?

Answers:

1) Helen was married on Nancy's birthday–March 26 2) Nancy 3) Nancy 4) Helen 5) Nancy 6) Helen 7) Helen 8) Nancy 9) Helen 10) Both 11) Nancy 12) Both – Bella Ray and Annabelle 13) Helen 14) Nancy 15) Both

Honoring an Arizona Sister

The Honor an AZ Sister for 2024-2026 will be continued for support of our State's Scholarship Fund. Donations can be in memory of an Omega sister, thanking your Chapter President for her leadership or a special celebration. Send to Chairman Kristi Koziol OR Treasurer Chris Sanzo. A note of acknowledgement for the donation will be sent to the recipients. Thank you for your support!



Donor's name (you) _____

Chapter _____

Amount of Donation for the AZ Scholarship Fund _____

Name of who donation is honoring _____

Reason _____

Contact information

Address _____ Phone _____

Email _____

Mail to

Kristi Koziol, AZ Immediate Past President
2222 E Shea Blvd, Phoenix AZ 85028

or

Chris Sanzo, AZ Treasurer
10571 E Sunnywood Dr, Tucson AZ 85749



Dates to Remember

March 15

Chapter Bylaws Statement Due

Chapter Altruistic Reports due

May 1

Deadline for Issue 4 of Design Gazette (*This date has changed.*)

April 1

KAPPAN submission deadline for June KAPPAN

April 15

Regional Mini Spring Scholarship application deadline

May 26

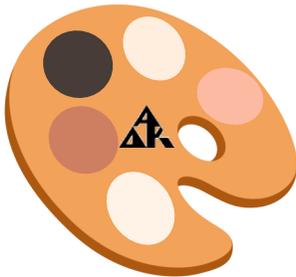
Early Bird Registration for International Convention deadline

June 14-19

Voting online for 2025-2027 World Understanding Project

July 10-13, 2025

Alpha Delta Kappa International Convention, Austin, TX



**Share Your Designs!
Share Your Activities and Minutes!**

**Your sisters and chapters are always designing activities,
accomplishments and altruism in action.**

Make sure they are printed in the Design Gazette.

**Send Chapter Minutes and Articles to the AZ President
and Newsletter Editor.**

Helen Valliere, AZ President, helen.valliere@gmail.com

Brenda McDowell, AZ Newsletter Editor, bmcadowe@comcast.net

Remember, pictures help tell the story, so please submit them too!



If at all possible articles should be submitted in Word (*doc or docx*) format and pictures in *jpeg*.

Deadline for the next Issue of The Design Gazette is May 1. Published June 1.

Mark your calendars

Another way to showcase your designs is on the AZ AΔK Website.

**Submit your articles and pictures for the
Arizona website to:**

Valdine Brower, AZ Web Master, valdinebrower@yahoo.com

Valdine will post your chapter articles and pictures.

There is a tab for each chapter.

Check out the website at arizonaalphadeltakappa.org.