

The Arizona World



Orchestra

September Issue 5

AΔK Making an Impact!

Arizona Alpha Delta Kappa 2018-2020



From the Composer's Desk Ten Ways Music Helps Us....

It's amazing that listening to one particular song can elicit past memories of good or bad times. Music relaxes or *pumps* us up. More studies are needed to confirm the health benefits of music. Studies suggest listening to music can have positive effects. Let's investigate 10 ways music helps us:

Improves mood. Studies show that listening to music can benefit overall well-being, help regulate emotions, and create happiness and relaxation.

Reduces stress. Listening to 'relaxing' music helps reduce stress and anxiety and in those undergoing medical procedures (e.g., surgery, dental, colonoscopy).

Lessens anxiety. In studies of people with cancer, listening to music combined with good care reduced anxiety compared to those who received standard care only.

Improves exercise. Music can enhance aerobic exercise, boost mental and physical stimulation, and increase overall performance.

Improves memory. Research has shown rhythm and melody help our brains form patterns enhancing memory. Do you remember learning multiplication or grammar with music?

Eases pain. Patients recovering from surgery, who listened to music before, during, or after surgery had less pain compared to patients who did not listen to music as part of their care.

Provides comfort. Music therapy helps enhance communication, coping, and emotions, like fear, loneliness, and anger.

Improves cognition. Listening to music can help people with Alzheimer's recall lost memories and even help maintain some mental abilities.

Helps children with autism. Studies of children with autism who received music therapy showed improvement in social responses, communication, and attention skills.

Soothes premature babies. Music and lullabies helped improve feeding behaviors of premature infants.

Confuses wrote: "Music produces a kind of pleasure which human nature cannot do without." So Arizona Alpha Delta Kappa sisters - keep the music playing!

Betty Ehret, AZ State President

Orchestra Playlist

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The Arizona World Orchestra is edited by Baleka Baker, AZ State Newsletter Editor. Please send articles and pictures to Betty Ehret at bettyanne.ehret@gmail.com and Baleka Baker balekaab@gmail.com for approval to be included in the newsletter.

Dates to Remember

<p>Presidents Council Meeting</p> <p>September 14</p> <ul style="list-style-type: none"> PCCP Meeting — Casa Grande — for Chapter Officer’s & members <p style="text-align: center;">Founders’ Days</p> <p>October 5</p> <ul style="list-style-type: none"> Colorado District, Alpha Kappa Carol Strickland, Chair <p>October 12</p> <ul style="list-style-type: none"> Northern District — Judy Kimbrough, Chair, Alpha Beta, Window Rock 	<p>October 19</p> <ul style="list-style-type: none"> Central District, Iota Chapter Hostess — Casa Grande <p>October 26</p> <ul style="list-style-type: none"> Southern District Pat Trias & Alicia Martinez, Co-Chairs <p>October 31</p> <ul style="list-style-type: none"> Arizona Honoris Causa nomination due to Suzanne Maly <p>November 1</p> <ul style="list-style-type: none"> <u>International Innovation Grants</u> due for non-members for their classrooms recommended by an active member 	<p>November 1</p> <ul style="list-style-type: none"> Arizona Excellence in Education nomination due to Helen Valliere <p>November 15</p> <ul style="list-style-type: none"> State Convention Sponsor Form to Sue McConnell <p>December 1</p> <ul style="list-style-type: none"> Arizona Woman of Distinction nomination due to Jan Karp <p>December 31</p> <ul style="list-style-type: none"> Arizona State Altruistic Project nomination due to Sandy Marshall
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GET YOUR TICKETS BEFORE THEY ARE ALL GONE!

This handmade quilt was made by Mennonite ladies and is valued at over \$1,000.00. The size is 90 X 106. Proceeds from this raffle will go to Arizona Alpha Delta Kappa’s Altruistic Fund, the Teacher Education Fund which benefits Arizona teachers. The Drawing will be on January 1, 2020 or when 100 tickets have been sold.



Alpha Delta Kappa Quilt Raffle - \$10.00

Raffle Ticket for Mennonite quilt

Name: _____

Address _____

Phone: _____

Email: _____

Mail to
Brenda McDowell
8855 E Bear Place
Tucson, AZ 85749
 Make checks to
Arizona Alpha Delta Kappa



**Relax Poolside at the Four Points Sheraton!
Win a 2-night stay !**

**Tickets will be available at the CCP Meeting and at all
Founders' Day Celebrations**

Proceeds to benefit our Arizona State Altruistic Education Fund

- Surrounded by many of the most prominent destinations in Arizona's capital city, Four Points by Sheraton Phoenix North provides prime access to a number of locales, including Reach 11 Sports Complex, Castles N' Coasters, the Metrocenter Mall and Glendale.
- When hunger strikes, visit our signature restaurant for an eclectic assortment of international offerings for breakfast, lunch and dinner.
- Work off some of those tempting calories with laps in one of our pools or a workout in our 24-hour fitness center.
- In the evenings, feel free to mix and mingle on our outdoor patio, or take a moment alone to sit and reflect by the fire pit. Make your stay one to remember at Four Points by Sheraton Phoenix North.

Win a 2-night stay at the Four Points Sheraton North, Phoenix

1 ticket = \$3.00 2 for \$5.00 5 for \$10.00 12 for \$20.00

Name _____

Expires Dec. 31, 2020

Address _____

Not available for March 2020

Not available May 1- 3, 2020

Phone _____

Drawing in January, 2020

Email _____

Circle the number of tickets purchased. Checks made out to **AZ AΔK, Memo – Hotel Raffle**

SAVE THE DATE!

COME TO THE COUNCIL OF CHAPTER PRESIDENTS' MEETING

SEPTEMBER 14, 2019

What a Wonderful World! I sincerely hope you have had a wonderful summer and if you went to Minneapolis, I heard a good time was had by all.

Please find your invitation and registration form for the Council of Chapter Presidents' Meeting (CCP) on Saturday September 14, 2019 at St. Anthony of Padua Community Center, [150 N. Drylake St., Casa Grande, AZ 85122](#).

The agenda and a few tidbits:

8:30 – 9:10 am Continental Breakfast

9:15 – 11:45 am Business Meeting aka “Princess Robin’s Party”

12:00 – 12:30 pm Lunch

12:30 – 2:30 pm Executive/Expanded Board Meeting aka “President Betty’s Party”

- A packet of information will be given out to everyone who attends “my party.” There is a \$10 fee attached to this meeting in order to cover the rental of the facility, printing costs and materials. Be assured, everyone who pays \$10 will receive a packet.
- A no-host lunch will be offered for \$15. Lunch tickets will be given out in the morning. No ticket, no lunch.
- **RSVP by August 31st to Chris Sanzo, 4740 N. Paseo Saric, Tucson, AZ 85750**
- If you would like to help your chapter’s altruistic cause(s), this year chapters will be allowed to sell at the CCP Meeting. If you choose to do this, you will need to provide your own table to display your wares. Please indicate this on the Registration Form.
- Please direct any questions or concerns to me, Robin. Email or call/text 520-258-8488.
- If possible, bring an example of your yearbook; the item that gives all the dates, locations, and programs for your chapter meetings.
- Share with your fellow sisters a marvelous program you have had at one (or two!) of your meetings. I have received some ideas already, but the more the merrier!
- If you have one, bring a photo that captures the event. And let me know if you’d be willing to speak about the person or the organization or the activity the photo is showing.

Please let me know if no one from your chapter can attend the CCP meeting, we don’t want any chapter to fall between the cracks and miss out on the latest and greatest AZ and International AΔK news. You can mail in the form indicating no one can attend or you can email or call me.

Looking forward to seeing you in September!

Robin Leebardt

AZ AΔK, Pres. of Council of Chapter Presidents aka Your Princess

leebart@cox.net

robin.leebarde@tusd1.org

520-258-8488 call/text





What a Wonderful World... AΔK Making an Impact!

**You are cordially invited to the Annual
Council of Chapter Presidents' Meeting
a.k.a. "Princess Robin's Party"**

WHO can attend this meeting? The 3 P's: Presidents, Presidents-Elect, Immediate Past-Presidents, but your Secretaries, Treasurers, Chaplains, Sergeant-at-Arms, Historians, and Membership Chairs are encouraged to join us. If one of the 3 P's cannot attend the CCP Meeting, please send a proxy.

WHO ELSE? All Executive and Expanded Board members.

WHEN is the CCP Meeting happening? Saturday, September 14, 2019. 9:15 am – 12:00 pm. After the CCP Meeting, the Executive and Expanded Board will meet from 12:30 – 2:30 pm. Anyone is welcome to attend this meeting, but only the Executive members are allowed to make motions and vote.

WHERE is this happening? St. Anthony of Padua Community Center, 150 N. Drylake St., Casa Grande, AZ 85122

WHAT is this meeting about? As your President of the Council of Chapter Presidents (PCCP), it is my duty to help the 3 P's educate and enlighten their own chapter with the latest and greatest news about AΔK.

WHY attend this meeting? First, it's going to inspire you to connect with our fellow sisters and take part in all that AΔK has to offer! Second, it's going to be educational! Third, it's going to be short and sweet.

WILL there be food? Please plan to eat breakfast before coming to St. Anthony's. There will be coffee, tea and water with some snacks during the meeting. There will be a no-host lunch for \$15.00 catered by Mimi's, sandwich and salad fare. Anyone is welcome to purchase a lunch before hitting the road back home or before the Executive/Expanded Board meeting.

RSVP by Saturday, August 31, 2019.

Make all checks payable to: "**Arizona State AΔK**"

Send **\$10.00** and your registration form to: **Chris Sanzo, 4740 N. Paseo Saric,
Tucson, AZ 85750**

If you would like to purchase a lunch, please add \$15.00 to your check.

If you have any questions or concerns, email Robin Leebardt, Your Princess, at: robin.leebarde@tusd1.org or leebarde@cox.net Or phone: (520) 258-8488 (call/text)

(No refunds will be given for cancellation.)

REGISTRATION FORM FOR THE COUNCIL OF CHAPTER PRESIDENTS' MEETING

Saturday, September 14, 2019 St. Anthony of Padua Community Center
150 N. Drylake St., Casa Grande, AZ 85122



- _____ I will attend the Chapter Presidents' Meeting (CCP) and have enclosed \$10.
- _____ I will attend the CCP Meeting (\$10) and purchase a lunch (\$15) and have enclosed \$25.
- _____ I will attend the Executive and Expanded Board Meeting afterward.
- _____ My chapter would like to raise funds for our altruistic cause(s). We will bring a table.
- _____ No one from my chapter can attend the CCP meeting. *(please, still mail your form to Chris)*

Make checks payable to "Arizona State AΔK"

Name _____

Chapter _____

Chapter Office _____

International/State Office _____

Email Address _____

Phone Number _____

Please be advised, lunch will consist of sandwiches (bread, cheese, meat) and salad.

Plan accordingly if you are vegetarian or have gluten or dairy allergies.

Mail this form and checks to: **Chris Sanzo, 4740 N. Paseo Saric, Tucson, AZ 85750**

What a Wonderful World... AΔK Making an Impact!!

Membership Campaign Questionnaire for Chapter Presidents 2019

We want to hear from all 23 Arizona Chapters. Please bring this form completed to the PCCP meeting on 9/14/19 and deliver to the registration table. Thank you!

Chapter _____ President _____

1. Did you initiate any new members this past year? YES NO
 If yes, how many? _____
 Is she/Are they in their 40s or 50s? YES NO
 If no, how old is she/are they? _____ (20s, 30s, 60s)
 Name _____
 Name _____
 Name _____

2. Have you reinstated any members this past year? YES NO
 If yes, how many? _____
 Name _____
 Name _____
 Name _____

3. How many Omega members did you have this past year? _____
 Name _____
 Name _____
 Name _____

Questions? Ask Robin! Email: leebarde@cox.net or robin.leebarde@tusd1.org or call/text (520) 258-8488.



**Longest Day Contributions
 Thank You Arizona!**

Yikes! I made a mistake!

In the Convention Special Issue the editor (yes, that's me) inadvertently left out an important contributing chapter to our Arizona Longest Day Campaign!
Zeta Chapter you are amazing!

Congratulations to Team Arizona Alpha Delta Kappa you donated \$2,287.87 to Alzheimer's Association Longest Day Campaign this year!

We Need You! Serve on the Arizona Executive Board!



Before the crunch of the holiday season is upon us, please consider serving on the Arizona Alpha Delta Kappa Executive Board for the 2020-2022 biennium. You can submit your application now through January 31, 2020.

Your chapter president needs to sign the applications and endorse you as a candidate.

You can email Nancy Harrison: njharrison1966@msn.com and request a copy or fill out the application on page 9, submit it to your chapter for endorsement, and then send it to me with your picture attached. Accepting this commitment builds a broader understanding of our wonderful organization, and offers endless opportunities for meeting new sisters and developing lasting friendships.

Information for Candidates for State Office for 2020 - 2022

Arizona State Officer Positions

President-elect

Treasurer

Recording Secretary

Historian

Corresponding Secretary

Chaplain

Sergeant-at-Arms

President, Council of Chapter Presidents (PCCP) – needs to be a former Chapter President

Qualifications:

- 1). A candidate for state office shall be an active member
- 2). A candidate shall be registered and attending the state convention in which she is nominated, elected and installed
- 3). A candidate for office of State President-elect shall have served a term as a Chapter President and shall have served at least one term on the State Executive Board as an elected officer or as the President of the Chapter President's Council
- 4). A candidate for any other state office shall have held an elected Chapter office

Procedures:

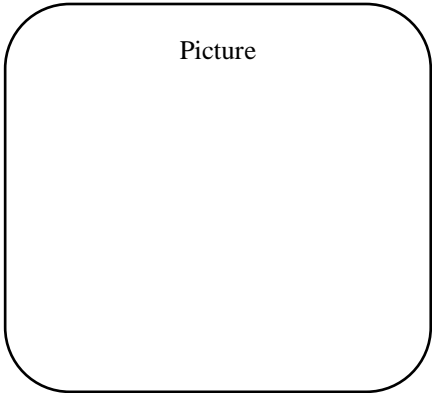
- 1). Applications available from Chapter President or contact Candidate Qualifications Committee
- 2). Applicants must fill out the form completely
- 3). Applications must be submitted to the chapter president for endorsement
- 4). Submit original application with one color photo attached by January 31, 2020. You may email or send by USPS to:

Nancy Harrison, AZ State Candidate Qualifications Chairman
1874 N Vista Ln.
Casa Grande, AZ 85122
520-836-1072
njharrison1966@msn.com

**Arizona Alpha Delta Kappa
Nomination for Candidate for State Office**

PLEASE PRINT OR TYPE

Candidate for the office of _____
Name _____
Address _____
City and Zip Code _____
Cell & Home phone _____
Email address _____
Chapter _____ District _____



ALPHA DELTA KAPPA INFORMATION:

Years of membership _____
International conventions attended _____
Regional conferences attended _____
State conventions attended _____
District meetings attended _____
State offices held _____
Chapter offices held _____
Educational background _____
Teaching experience _____
Organization affiliations _____

Additional information: You may attach a narrative if you prefer.

I, the undersigned, verify that this candidate is in good standing and is able to carry out all requirements of this office.

Submitted by _____ / _____
(Chapter) (President's Signature)

Submit your application with photo by email, fax or USPS mail **by January 31, 2020** to:
Nancy Harrison, 1874 N Vista Ln, Casa Grande, AZ 85122
520-836-1072
njharrison1966@msn.com



Excellence in Education

Helen Valliere, Arizona State E&E Chair

Nominations are due by November 1, 2019. You can find the nomination form on following page – page 11.

The nominee must be an active member, actively engaged in the education profession and under contract in teaching, administration, or some specialized field of education. She may be nominated by a colleague or parent. There are many worthy applicants working among you, honor a sister with a nomination for this prestigious award.

Packets will be sent to nominees between November 1-15, 2019.

Proposed New Altruistic Project for Biennium 2020 to 2022

Sandy Marshall, Arizona State Altruistic Chair

The State Altruistic Project for each biennium shall be voted on by the members attending the State Convention. The State Altruistic Project shall be one that will represent the total state membership in all four districts.



Procedure:

- Every chapter and the incoming State President may submit a project in writing to the current State Altruistic Chairman for a State Altruistic Project.
- This proposal shall include the reason for this submission as a State Altruistic Project. Needs to include information about the organization such as financial reports, brochures, newspaper articles, and if subsidized by the government.
- The State Altruistic Chairman shall review projects that are submitted.
- At the January Board Meeting prior to the State Convention, the Altruistic Chairman shall present no more than three (3) projects for consideration. One of which shall be the incoming President proposal if submitted one.
- The State newsletter will have all proposals with information about the projects selected.
- Members attending the State convention will vote on the project for the next biennium.

Please submit your chapter ideas for the next State Altruistic Project by December 31, 2019 to:

Sandy Marshall
10819 W. Santa Fe Dr.
Sun City, AZ 85351
azsandy123@cox.net



EXCELLENCE IN EDUCATION AWARD NOMINATION FORM

The Excellence in Education Award recognizes members of Alpha Delta Kappa for their outstanding contributions to education. To be eligible, the nominee must be an active member in good standing, be actively engaged in the education profession and be under contract in teaching, administration, or some specialized field of education. Nominated by a colleague or parent, nominees' adjudication is based on professional dedication, knowledge, skills, professional achievement and success, school/community involvement, contributions to the educational process and active participation in Alpha Delta Kappa.

Nominee's Name _____

Nominee's Address _____

Phone Number _____ Email _____

S/P/N Chapter _____

Write a narrative describing your association with the nominee and why she is a worthy candidate for this award. In order to be considered, all narratives must use: • 8 ½ inch by 11-inch paper • 1" margins • Times New Roman Font, size 12 • 1.5 line spacing • 1200 word maximum **(In order for this nomination to be considered, limitation cannot be exceeded.)**

Nominator's Name _____

Nominator's Address _____

Position _____

Phone Number _____ Email _____

School/District _____

Address _____

Phone Number _____ Email _____

Nominator's Signature _____ Date _____

Date _____

How did you hear about this award? _____

Please send this form with the narrative to the State/Province/Nation Excellence in Education Chairman. Nomination forms can be mailed with a postmark of November 1 or by email dated by November 1 (odd year). All forms received by email or postmarked AFTER November 1 cannot be considered. The S/P/N chairman will send a notification upon receipt of the nomination form via mail or email.

If submitted by a parent, please send to Alpha Delta Kappa International Headquarters, 1615 W 92nd St., Kansas City, MO 64114, postmarked by November 1 (odd year).

Each biennium candidates for election as an Arizona Woman of Distinction are presented to members attending the State Convention. Each Chapter may submit in writing one candidate for Arizona Woman of Distinction. Remember your nominee cannot be a member of Alpha Delta Kappa or under contract to a school district. Who will your chapter nominate?

Application for Arizona Woman of Distinction Candidate

Please submit to your state Woman of Distinction chairperson

By **December 1, 2019**

Janet Karp

Phone 480-802-9319 Email address: jwkarp@gmail.com

Candidate:

Name _____

Address _____

Submitted by:

Name:

Chapter:

Phone:

Email address:

Please include a **brief statement** why this person is being recommended

Current Position(s):

Describe position(s) held by candidate.

Contributions:

List the outstanding contribution(s) made by the candidate in the fields of education, humanities, sciences, government or arts. Additionally please include local community recognition(s). Use second page if needed.

Arizona World Melodies Arizona State Chairs Sing Out State News!



GUIDING DOCUMENTS

Seeking Approval for AZ State Board Recommendation

A Policies and Procedures recommendation put forth by AZ Alpha Delta Kappa State Board will be voted on by all members attending the May 1-3, 2020 AZ State Convention.

The recommendation allows AZ State Alpha Delta Kappa to use its Policies and Procedures Manual as its guiding document, an option allowed under the International Bylaws which requires a vote at the Arizona State Convention. An approving vote would allow AZ State Alpha Delta Kappa to suspend the current AZ Bylaws in favor of using AZ Policies and Procedures Manual, along with International Bylaws, as the state's guiding documents.

Rational:

- Currently 16/23 AZ chapters have now suspended bylaws and are using an Official Policy Statement as the first page of their Policies & Procedures Manual.
- State Bylaws are redundant since they mirror the International Bylaws.
- Suspending AZ Bylaws reduces the need for guiding document updates to only one document; the Arizona State Policies and Procedures Manual.
- The required International even-year process of certifying AZ State Policies and Procedures Manual reduces paperwork to one page.
- Anything now stated in AZ State Bylaws that is specific to Arizona can be included in the current AZ Policies and Procedures Manual. (Such as: information on additional officer duties, additional committees, state districts, choosing convention delegates, and amending AZ Policies and Procedures Manual).

Please if you have any questions contact:
Ellen Reeves
Arizona Bylaws/ Resolutions Chair
ellenreeves@q.com

Membership! Read All About It!

By Twyla Preising

Arizona Membership Consultant

Hello Sisters,

I am back from the Membership Seminar and the Membership Consultant Training Session at our International Convention in Minneapolis. A great concern talked about at International in 2019 was membership. Our International numbers have been dropping and I assure you that everyone is concerned.

The Regional Membership Consultants and the State Membership teams are center focused for the next year of the 2018-2020 biennium. There are two considerations for membership: *developing new chapters and retention of established members.*

Arizona state membership goals reflect both of these considerations. We have already attempted one new chapter and at the present time we have Theta chapter trying to start a new chapter and at the University of Arizona and Grand Canyon University, there are already efforts in place to establish a collegiate club for Alpha Delta Kappa! We are definitely focused on Membership!



Betty Jo Evers at the International Membership Seminar giving membership advice to the Arizona membership team

As your State Membership Consultant until May of 2020, I will be leading the charge for retention strategies. Suggestions for developing a new chapter and retention strategies will be shared with all districts at the PCCP meeting in Casa Grande and at all Founders' Days meetings.

We can all rest assured that our new Southwest Membership Consultant, Jeanie Hinck from Colorado, will continue the support in achieving our goals. We can also be proud that Arizona's own Betty Jo Evers has been elected International Vice President for Membership! This will assure us that membership will continue to be an utmost concern.

AΔK Love,
Twyla



Arizona State Cares and Concerns



This summer we have had several sisters whose families have needed extra support. We wish Nancy Harrison's (AZ Iota Chapter) granddaughter thoughts and prayers for her continued recovery from brain surgery.

Chris Wicks (AZ Gamma Chapter) has had successful eye surgery and is glad to be able to see better! We've just found out that Nancy Martinez, state President-Elect tore her meniscus and then proceeded to have successful surgery! Next step is rehab. Our Best wishes for a full recovery, Nancy!

Arizona's Heavenly Choir Sings Out Our Condolences to Arizona Sisters who have lost family members.



AZ Iota Chapter has surely had their share of losses and troubles this year. Know that we support you through these difficult times. Two of their dear sisters have lost their husbands this summer. Cleo Hernandez, a Golden Sister, lost her husband, David, to cancer. David was a long time educator in Casa Grande. They have three sons and two grandsons, She has quite advanced Alzheimer's, and she is in assisted living.

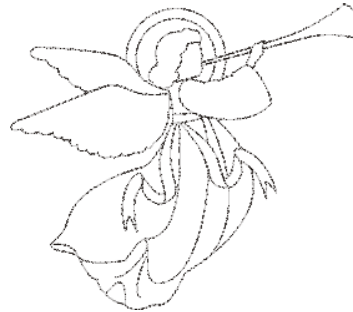
Marie Miller, AZ Iota Chapter Silver Sister, lost her father to complications as a result of a truck accident. She was very close to her father, who visited quite often from Michigan. Her mother also has Alzheimer's. Marie retired recently and was looking forward to spending time with her parents

and siblings in Michigan, Arizona thoughts and prayers are with Iota Chapter.

Susan Lane, AZ Zeta Chapter, has lost her husband to cancer. Our deepest sympathy to Susan, her chapter and family at this time.

Debbie Gayheart, AZ Omicron Chapter, lost her mother recently before school started.

Arizona is also saddened by the death of Jane Miller's (Past International President) husband after the banquet in Minneapolis.



Our Omega Sisters Who Have Joined the Heavenly Choir

Arizona has lost our dear sister Clara Brandom, AZ Mu Chapter. Clara passed away on July 15th—less than a week before her 102nd birthday. We know that almost 102 years of her legacy will live on with special memories of her friendship for her chapter. The First Christian Church will celebrate her life's journey on September 21st at 1 PM.

Clotilde Hernandez, AZ Iota Chapter, Golden Sister passed away July 17th following her husband's death.

Vera Mc Chesney, AZ Sustaining sister died just prior to her 106th Birthday.

May you all find comfort and solace in the support and caring of your Alpha Delta Kappa sisters.



**Arizona
World Melodies
AZ Chapters
Sing Out for
Awards
and Recognitions**



Holly was awarded NAU College of Education's "Outstanding Doctoral Student of the Year from the Curriculum and Instructional Program". She was also nominated for having the best doctoral dissertation. Holly teaches at Borman K-8 school in Tucson Unified School District.

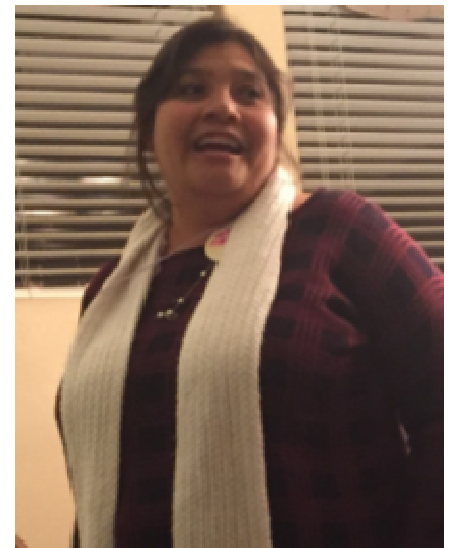
**AZ Psi Chapter Recognizes
Four Chapter Members!**



Michelle Roosma received the Ben's Bells Kindness Award at her school, Anza Trail Elementary School in Sahuarita Unified School



Jenny Warren was named Teacher of the Year for Soleng Tom Elementary School in Tucson Unified School District.



Manuela Gilbride was nominated Teacher of the Year for Sahuarita Intermediate School Grades 3rd - 5th grades in Sahuarita Unified School District.

**AZ Fidelis Zeta Members Make the Front Page!
The Gift of Literacy**

Ruth Brockington and Rochelle Thompson from AZ Fidelis Zeta in Yuma made the front page of our *YUMA SUN* Community Newspaper with their donation of books for children to Easterseals Blake Foundation. Ruth had Teri Koenig come to our meeting as a guest speaker to tell us how books are helping young families and parents introduce the love of reading to their children.

Ruth and Rochelle were able to purchase 140 colorful and fun reads for kids with donated funds worth about \$350.00. Way to go gals!

Carol Strickland, AZ Fidelis Zeta

**Arizona World
Melodies**

**Arizona Chapters
Sing Out
Chapter News**



**Those Gorgeous Easter
Bonnets!
AZ Fidelis Zeta
Celebrates!**



**AZ Alpha Kappa and AZ Fidelis Zeta
Sisters Get Together
A Fundraiser for the Longest Day**

On June 21 members of the Fidelis and Alpha Kappa chapters in Yuma met for lunch at Las Herraduras Mexican Restaurant along with friends and family members to raise money for the Longest Day for Alzheimer's. A total of \$200 was raised for the Alzheimer's Association.



Above: Ollie Wiegel, Elizabeth Moody and Carol Strickland



Elizabeth Moody and her daughter Ruth.

Happy Birthday to Elizabeth who turned 101 May 21st!

**AZ Psi Chapter Altruistic Project
"Walk the Loop for Lupus!"**

Our Altruistic Project for April was supporting the Lupus Foundation of Southern Arizona. Psi Chapter's team joined the "Walk the Loop for Lupus" on April 13th. We had nine walkers and several who donated to the fundraiser by sleeping in. We had a great time!

Beth Rietz

Pictured:

L to R: Top row: Matt Gilbride, Beth Rietz, Chris Sanzo, Sharon Cooley, Tom Bim

Bottom row: Manuela Gilbride, Julia Gates, Chapter President, Kelly Esham, Michelle Roosma



Lambda's Annual New Books Distribution for Back to School



Every July, AZ Lambda Chapter distributes new books to under served children at The Back To School Clothing Drive. Each child receives new school uniforms, shoes, socks, backpacks, handmade goodies, toys, and our books!! This year it was held at Grand Canyon University with two follow up distributions at Luke Air Force Base and Sequoia Elementary School in Mesa. We gave away 14,000 books. We purchase these books using Arizona Tax Credit money. It is incredibly satisfying to see the children smile when they get their new books or when they are reading their books as they wait for the buses to take them home. We can always use your help with the purchasing or the distribution. For every dollar we raise, the Legacy Foundations matches it dollar for dollar. Don't hesitate to contact one of our Lambda members to find out how to donate or to sign up to help us next year. We would welcome your participation.

Jan Walker, AZ Lambda

